



Beat Drugs Fund Project Experience Sharing Session

Session 1

Date : 17/12/2024 (Tuesday)

Time : 3:30 – 5:00pm

Session 2

Date : 17/1/2025 (Friday)

Time : 3:30 – 5:00pm





Beat Drugs Fund

Project Experience Sharing Session 1

Tung Wah Group of Hospitals

Project Embrace 2.0 –
Mindfulness-based Intervention
for Drug Abusers with Alcohol
Problem

- This project aims at motivating current or ex-drug abusers with alcohol addiction problem to abstain from drugs and abuse through mindfulness-based interventions. Project elements include providing comprehensive physical check-up, medical consultation, psychosocial assessment and motivational interview to drug abusers with alcohol problem, applying Acceptance and Commitment Therapy and mindfulness-based interventions, organising mindfulness-based online activities and experiential group activities, regular mindfulness reunion for ongoing practice and social support, mindfulness-based relapse prevention group for participants who achieved abstinence.

The Boys' & Girls' Clubs Association of Hong Kong

A Better Man Project 2.0

- This project aims at providing support to male drug abusers and ex-drug abusers aged 21-35 to motivate them to seek drug-related treatment or quit drugs. Project elements include physical and online outreaching services, case work counselling and group-based activities for helping participants to strengthen participants' roles in intimate relationship, family, occupation or peer network, referral for medical assessments/consultations, a mentoring scheme for ex-drug abusers/drug abusers, and organising training workshops to frontline social workers.

The Society for the Aid and Rehabilitation of Drug Abusers

Mindfulness Training: Women-
Focused Rehabilitation & After-
care Project

- This project aims at providing mindfulness-based treatment and vocational training courses to female drug rehabilitees of Adult Female Rehabilitation Centre, as well as uplifting their sense of self-efficacy to avoid relapse and facilitating them to reintegrate into the society. Project elements include yoga training cum health talk programme, relapse prevention counselling, mindfulness-based training course, pre-employment workshop and vocational training course, life skills training, mother parenting skills training, counselling for family members of drug rehabilitees and after-care service for rehabilitated drug abusers, as well as arranging school talks to secondary school students.

Remark: The sharing session will be conducted in Cantonese



Enquiry: Dr Winnie HO

Email: wnho@sb.gov.hk

Beat Drugs Fund

Project Experience Sharing Session 2



Centre for Clinical Research and Biostatistics, Jockey Club School of Public Health and Primary Care, Chinese University of Hong Kong

Development of Objective Measure of Psychotropic Substances Abuse using Automatic Retinal Image Analysis (ARIA)

- This project aims at studying the drug effects on the human brains and its medical consequences. It plans to develop a method for detecting psychotropic substances abuse using the ARIA technology, a well-established non-invasive screening approach for analysing retinal vascular architecture.

The Hong Kong Federation of Youth Groups

Project CHOICE II – Community-based Healthy Life Style Online and Offline Interactive Comprehensive Educational Project

- This project aims at enhancing awareness of drug harms of cannabis use or other drugs through online and offline multi-media education and counselling service. Project elements include production of educational videos and messages, dissemination of anti-drug messages via Instagram/Facebook, online outreaching with referral system and risk assessment on cannabis use, recruitment of secondary/tertiary school students to become “anti-cannabis peer KOLs”, anti-cannabis trainings and workshops, mobile exhibition screening, cognitive behavioural therapy and motivational interviewing counselling, professional training cum sharing, publication of anti-cannabis resource pack and conducting a qualitative research on cannabis use among youths in Hong Kong.

College of Professional and Continuing Education, Hong Kong Polytechnic University

Pathway to Desistance: A Qualitative Study of Young Ex-drug Users in Hong Kong

- The project aims at (i) enriching the desistance theories among the local and international literature; (ii) advancing the general crime desistance framework with embedment of drug abuse-related factors; (iii) exploring the scope for fostering desistance from young drug users; (iv) examining the significance of different desisters in preventing cycle of relapse; (v) proposing a localised and an integrated desistance model for young drug addicts; (vi) developing a set of basic principles for the use of desistance model in Hong Kong; and (vii) making recommendation to government or social welfare sectors based on study findings.

Remark: The sharing session will be conducted in Cantonese



Enquiry: Dr Winnie HO

Email: wwnho@sb.gov.hk

**Beat Drugs Fund
Project Experience Sharing Sessions
Enrollment Form**

(Please reply on/before 15 December 2024 or 15 January 2025)

To : Beat Drugs Fund Secretariat E-mail : bdf@sb.gov.hk
Ms Cecilia Yuen, Beat Drugs Fax : 2810 1790
Fund Project Officer

The following person(s) will attend the experience sharing session on 17 December 2024:

	Name	Organisation	Post	Email address
1.				
2.				
3.				
4.				

The following person(s) will attend the experience sharing session on 17 January 2025:

	Name	Organisation	Post	Email address
1.				
2.				
3.				
4.				

Contact Person : _____ Tele No. : _____