


 

Say No to Drugs –
Path Builders for Youth Project –
Light Up Your Path
BDF 200049

Project implementation period:
1st May 2021 to 30th April 2023

Grantee:
Rotary Club of Admiralty Limited

Co-organizer:
TWGHs CROSS Centre

Introduction

- With the successful experience in the past, this territory-wide project aims at providing aftercare service and enhancing relapse prevention and employability of drug/ex-drug abusers (“mentees”) aged 40 or below, including new target groups of drug abusing mothers, ethnic and sexual minorities, during 05/2021 to 04/2023. It is expected that 134 mentees, 134 mentors and 47 mentees’ family members will be benefited from this 2-year project.



Project Content

- Project elements include
- I: Recruitment and publicity
- Mentors and mentees are recruited through the Rotary Club of Admiralty's and TWGHs CROSS Centre's (the Project's co-organizer) networks respectively and other means.



Project Content

- II: Mentees' capital development and mentorship
- Project social workers will provide professional counselling for mentees, and treatment or referral if necessary. The Project will also match mentees with mentors, who will support and journey with mentees after training. Social workers and mentors will also keep contact with mentees' family to provide family support and counselling when necessary. RCA will help job skills training and job opportunities for suitable mentees to develop their career. Mentees can also become assistant mentors through the promotion system.



Project Content

- III: Project integration
- The Project will newly add a formal peer supporter training for mentees to consolidate their experiences and become peer supporters. Success stories of their transformation with mentors' support will be collected and shared.



Project Activities

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Rotary
Club of Admiralty



東華三院
Tung Wah Group of Hospitals



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Component I: Recruitment and publicity

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The Kick off of the project



Recruitment and publicity: Press interview and Smart Truck VR Outreach

Press interview – An interview with Wen Wei Po was conducted on 28 May 2021 and published on 15 June 2021



Smart Truck VR Outreach



Component II: Mentees' capital development and mentorship

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Talent s' development activities

Leather wallet DIY



Sand Art DIY



Tattooing workshop



Boxing activity



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Mentor and mentee relationship enhancement activities

Cycling – Mentors and mentees supported each other to finish the journey.



Ninja fitness



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Personal development programme

Ukulele online group



Online Japanese class



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Interpersonal skills development: Team building and adventure-based programme

Ukulele performance at Nan Fung Factory



Wargame



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Career development programme – Job skills training

Job interview – A mentee with a strong interest in tattoo industry attended an interview through the project.



Mentees attended career planning workshop in order to gain a better self-understanding and to acquire basic counselling skills to provide peer support regarding career planning.



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Career development programme – entrepreneurship development (Bazaar or Funfair)

Mentees and Mentors learnt how to make candles for Bazaar preparation.



Mentees experienced to start a business in Bazaar to enhance their career development.



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Family functioning enhancement programme- Family/Significant others programme

Mentees and their significant others participated in the perfume workshop



Female mentees joined parenting groups with their children for enhancing their parenting skills.



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Volunteer services

Mentees joined meeting to discuss the planning of homeless volunteer work.



Mentors and mentees joined volunteer work to distribute resources to homeless people.






 合辦

Career development programme-Certificate or license courses for advancing career development

Mentees joined Kayak 1 Star Award Training.
 

Mentees joined Montessori Education workshop for developing their parenting skills.
 

Mentees joined pet grooming certificate course for enriching their job skills.
 




 合辦

Mentor training

Personality Dimension workshop
 

Talk on mental health first aid
 

Drug knowledge
 

Mentors joined Motivational Interviewing workshop for enhancing their mentoring skill.
 

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Matching and mentoring programme

Dubbing workshop



Mentees and mentors participated in basketball training for enhancing their relationship.



Mentees and mentors joined running workshop for being more familiar with each other during the activities



Mentors and mentees participated in a boat trip for enhancing their relationship



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Component III: Project integration

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Graduation recognition ceremony

Committees, mentors and mentees attended ceremony for celebrating mentees' graduation in 2021-2022.



感謝青年「友」出路計劃—燃亮生命
2021-2022年度嘉許禮

Committees, mentors and mentees attended ceremony for celebrating mentees' graduation in 2022-2023.



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Output and Outcome Evaluation

Evaluation methods

1. Attendance forms (output record)
2. Questionnaires (outcome evaluation)
3. Project Committee meeting

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Attendance form sample

SNTD 4.2

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無毒青年出路計劃

2021-2023
 小組及活動參加者出席紀錄表

活動編號： Z 負責社工： _____

活動名稱： _____ 時間： _____ 總節數： _____

活動時段： _____ 活動地點： _____ 費用： \$0

1	姓名 (中文全名)	2	3	4	5	6	7	8	9	10	出席總數	出席率
	出席人數											

Revised : 07/07/2017 第 _____ 頁

Questionnaires Sample: Perceived risks associated with drug abuse (For mentee)

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無毒青年出路計劃- 顯示生命
 活動前評估問卷

SNTD3.1.1a

參加者編號： _____

請細心閱讀各題，填上你認為最適當的答案。所有答案將完全保密。

1. 在過去 3 個月內，你食多少次：

	從來沒有	略中者	經常者
A. 吸食大麻	<input type="checkbox"/> 試過 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次
B. 吸食白粉 (海洛英)	<input type="checkbox"/> 試過 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次
C. 吸食 Fing 煙丸 (亞甲二氫基 甲基安非他命)	<input type="checkbox"/> 試過 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次
D. 吸食安非 (氯胺酮)	<input type="checkbox"/> 試過 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次
E. 吸食安非 (甲基安非他命)	<input type="checkbox"/> 試過 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次
F. 吸食古柯	<input type="checkbox"/> 試過 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次
G. 吸食古柯	<input type="checkbox"/> 試過 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次
H. 吸食可卡因	<input type="checkbox"/> 試過 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次
I. 吸食可卡因	<input type="checkbox"/> 試過 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次
J. 吸食噴霧水	<input type="checkbox"/> 試過 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次
K. 吸食噴霧水 (吸食水)	<input type="checkbox"/> 試過 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次
L. 吸食其他毒品	<input type="checkbox"/> 試過 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次	<input type="checkbox"/> 每日 ____ 次 / 每星期 ____ 次

(若無吸烟者)請註明： _____

性別： 男 女

年齡： _____

當時吸食原因： _____

最長曾經試過吸食幾時： _____

有何原因令你吸食毒品： _____

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無毒青年出路計劃- 顯示生命
 活動前評估問卷

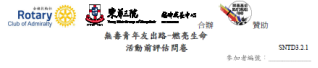
參加者編號： _____ SNTD3.1.1

以下題目旨在了解你的就業準備情況及工作態度，請選出你認為最適當及最能反映個人真實狀況的答案。
 職業意向
 1. 我會自己選擇想進修哪類行業。 1 2 3 4
 2. 我會自己選擇。 誰教我決定。 1 2 3 4
 3. 我會主動選擇自己的興趣。 1 2 3 4
 4. 為了滿足父母期望。 1 2 3 4
 5. 我了解自己想進修哪類行業的工作內容和待遇。 1 2 3 4
 6. 對於未來打算從事某類行業，我已想得很清楚。 1 2 3 4
 7. 我能夠自己選擇想進修哪類行業的工作。 1 2 3 4
 8. 我不知道自己適合從事哪類行業。 1 2 3 4
 職業準備程度
 9. 我對工作缺乏了解。 1 2 3 4
 10. 我對工作有清晰的理解。 1 2 3 4
 11. 我對專業知識的學習感到困難。 1 2 3 4
 12. 我對別人的工作感到好奇。 1 2 3 4
 13. 我對專業工作感到有興趣。 1 2 3 4
 14. 我對專業工作感到有興趣。 1 2 3 4
 15. 對於未來打算從事某類行業，我已想得很清楚。 1 2 3 4
 16. 我對專業知識的學習感到困難。 1 2 3 4
 17. 我對專業工作感到有興趣。 1 2 3 4
 18. 我對專業工作的了解程度較少。 1 2 3 4
 工作態度
 19. 我對工作感到滿意。 1 2 3 4
 20. 我對工作感到不滿。 1 2 3 4
 21. 我會主動選擇自己的興趣。 1 2 3 4
 22. 我會自己選擇想進修哪類行業的工作內容和待遇。 1 2 3 4
 23. 我會主動選擇自己的興趣。 1 2 3 4
 24. 我會主動選擇自己的興趣。 1 2 3 4
 25. 我會主動選擇自己的興趣。 1 2 3 4
 26. 我會主動選擇自己的興趣。 1 2 3 4
 27. 我會主動選擇自己的興趣。 1 2 3 4
 28. 我會主動選擇自己的興趣。 1 2 3 4

Best Drug Fund Evaluation Question Set No. 23 (2015)
 (Employment Readiness Questionnaire)
 Revised: 10/2011

13

Questionnaires Sample: Adaptation of the General Self-Efficacy Scale (For mentee)



熱毒青年出路-繼志生命
活動前評估問卷
SNTD3.11
參加者編號: _____

以下是一些描述你在過去和你的朋友及家人的句子。請圈上表示你對這些句子的同意程度。

	1 非常不同意	2	3	4	5	6	7 非常同意
個人工作態度							
29. 我對工作負責任。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
30. 我能在工作中學到知識和技能。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
31. 我能在工作中與同事合作。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
32. 我曾在工作中與同事和理相處。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
33. 工作能使我感到滿足。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
34. 我會繼續工作到退休。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
35. 我會堅持學好上課。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
36. 我會盡力完成我的任務。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
37. 我在工作中會持續對我的態度。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38. 我對我的表現感到自豪和滿足。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
39. 我會盡力提高我的技能。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
40. 我對解決問題上的衝突感到滿意。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
41. 我在工作中會使用合適的語言。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
42. 我會盡力提高我的工作表現。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
43. 我會自動自發地執行工作。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
44. 我會盡力完成我的任務。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
工作滿意度							
45. 我會建立良好的人際關係，令自己更有適應工作的信心。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
46. 我對工作感到滿意。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
47. 如果我不明白工作任務，我會作出適當的提問。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
48. 我對我的工作感到滿意。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
49. 就算我不喜歡我的工作，我也會堅持完成任務。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
50. 我對我的工作感到不滿意。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Bea Drug Fund Evaluation Question Set No. 23 (2015)
(Employment Readiness Questionnaire) Reread: 8/3/2021

熱毒青年出路-繼志生命
活動前評估問卷
SNTD3.11
參加者編號: _____

以下是一些描述你在過去和你的朋友及家人的句子。請圈上表示你對這些句子的同意程度。

	1 非常不同意	2	3	4	5	6	7 非常同意
1. 當有需要時，總有一個好朋友向你求助。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. 你有一個好朋友，無論開心或不开心，你都可以找他/她分享。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. 你的家人真的十分願意幫助你。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. 你的家人可以給你提供情感上的支持。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. 你有一個真的可以傾聽你的朋友。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. 你的朋友真的願意幫助你。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. 如果你需要幫助，你可以向當地的朋友。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. 你可以和家人討論你自己的問題。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. 你有一些朋友，無論開心或不开心，你都可以向他們分享。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. 在你的生活中，你/她/他會關心你的感受。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. 你的家人願意和你一起解決問題。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. 你可以向你的朋友討論你自己的問題。	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Bea Drug Fund Evaluation Question Set No. 23 (2015)
(Employment Readiness Questionnaire) Reread: 8/3/2021

Questionnaires Sample: Employment Readiness Questionnaire (For mentee's significant others)



熱毒青年出路-繼志生命
活動前評估問卷
SNTD3.11
參加者編號: _____

請細心閱讀各句子，然後選出你認為最適合的答案。圈出沒有圈出的方格表示你沒有選出最合適的意見。例如「不」、「是」、「否」、「是」、「否」、「是」、「否」。

	1 非常不同意	2	3	4	5 非常同意
1. 我了解我的家人/親友對我的各個階段。	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. 我知道應該在甚麼時候向我的家人/親友提供我的建議。	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. 我了解我的家人/親友對我的種種困難。	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. 我有信心可以為我的家人/親友提供有效的支持。	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. 我懂得如何保持身心平衡，同時尋求社會及親友的支持。	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. 我有信心鼓勵我的家人/親友。	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. 我能夠進行與我的家人/親友所帶來的壓力。	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. 我能夠與我的家人/親友的心靈和行為作良好溝通。	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. 我了解及體諒我的家人/親友有各種原因。	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

性別: 男 女
年齡: _____ 歲

註: 青少年吸煙問題嚴重，請遠離，請勿教育和宣傳。一應一律即“drug abuse”統稱為「吸毒」或「吸煙」。吸煙包括吸「紙煙」或「捲煙」。吸煙、吸「煙草」或「cigarette」統稱為「毒品」而非與其中性的「藥物」。至於“psychotropic substances”，應稱為「危害精神毒品」，或可簡稱為「危害毒品」，而非「精神藥物」。

Bea Drug Fund Evaluation Question Set No. 20 (2012)
(Capacity to support drug abusing family members) Reread: 8/3/2021

Questionnaires Sample: Knowledge on harmful use of drug (For mentor)

SMTDS 6.1

無毒青年出路-燃亮生命
活動前評估卷

社會人士對戒毒康復者
和戒毒治療及康復設施的觀點

參加者編號: _____

請細心閱讀各題，然後選出你認為最適合的答案。

Q1. 你是否認同戒毒人士不是一概地無藥了?
1 非常同意 2 同意 3 視乎情況 4 不同意 5 非常不同意

Q2. 你是否認同戒毒人士接受戒毒治療後，能對社會作出貢獻?
1 非常同意 2 同意 3 視乎情況 4 不同意 5 非常不同意

Q3. 你是否同意那些人士應給予戒毒人士更多支持及鼓勵?
1 非常同意 2 同意 3 視乎情況 4 不同意 5 非常不同意

Q4. 你是否同意戒毒人士應加強與家人及親友聯繫?
1 非常同意 2 同意 3 視乎情況 4 不同意 5 非常不同意

Q5. 你是否同意應支持戒毒人士加入社區?
1 非常同意 2 同意 3 視乎情況 4 不同意 5 非常不同意

Q6. 你是否同意地區居民應支持將戒毒人士安置於戒毒院舍?
1 非常同意 2 同意 3 視乎情況 4 不同意 5 非常不同意

Q7. 你是否願意在出外時向陌生人提供戒毒資訊?
1 絕對願意 2 願意 3 視乎情況 4 不願意 5 絕對不願意

性別: 男 女
年齡: _____歲

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Best Drug Fund Evaluation Question Set No. 22 (2015)
(Community Acceptance of Drug Rehabilitation and Treatment and Rehabilitation Facilities) Revised 3/2021

SMTDS 7.1

無毒青年出路-燃亮生命
活動前評估卷

參加者編號: _____

請細心閱讀各句子，然後選出你認為最適合的答案。
這份問卷只作評估用途，所有資料絕對保密。每道題目亦設有「視乎情況」的選項，以容納那些「視乎情況」的意見。
注意：「是」、「否」、「視乎情況」、「絕對是」、「絕對否」。

	是	視乎情況	否	絕對是	絕對否
1. 長期吸食大麻類毒品會導致呼吸系統疾病	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. 吸食吸食大麻類毒品會導致出現幻覺	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. 長期吸食可卡因毒品會導致心臟病	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. 吸食可卡因毒品會令集體受擾	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. 吸食可卡因毒品會令小便失禁	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. 吸食可卡因毒品會影響手眼協調能力	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. 吸食可卡因毒品會令牙齒變黑	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. 吸食可卡因毒品會影響泌尿系統	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. 吸食「冰」類毒品會令情緒變得焦慮及緊張	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. 吸食「冰」類毒品會導致難以入睡	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>





性別: 男 女
年齡: _____歲





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Revised 3/2021





Output Benchmarks & Evaluation Results





	Expected Result	Achieved Result
Output Indicator 1A	A. To recruit 134 drug abusers/ ex-drug abusers and 134 mentors to join the project	Recruited 153 (114.2%) mentors and 161 (120.1%) drug abusers/ ex-drug abusers to join the project
Output Indicator 1B	70% (94 participants in each group) of the mentors and mentees engage in 2 sessions of mentor and mentee relationship enhancement activities	92 mentors (97.9%) and 95 mentees (101.1%) have been engaged in 2 sessions of mentor and mentee relationship enhancement activities





    合辦		
	Expected Result	Achieved Result
Output Indicator 1C	70% (94 participants in each group) of the mentors and mentees engage in 1 session of matching and mentoring programme	90 mentors (95.7%) and 92 mentees (97.9%) have been engaged in 1 session of matching and mentoring programme


    合辦		
	Expected Result	Achieved Result
Output Indicator 2A	Provide volunteering service to 54 mentors and 54 mentees, among which 38 mentors and 38 mentees engage in 1 session of volunteering service	Provided volunteering service to 55 mentors (100.9%) and 73 mentees (135.2%), among which 40 mentors (97.3%) and 37 mentees (97.4%) have been engaged in 1 session of volunteering service.
Output Indicator 2B	Provide team building and adventure-based programme to 54 mentors and 54 mentees, among which 38 mentors and 38 mentees engage in 1 session of team building and adventure-based programme	Provided team building and adventure-based programme to 54 mentors (100%) and 56 mentees (103.7%), among which 42 mentors (110.5%) and 36 mentees (94.7%) have been engaged in 1 session of team building and adventure-based programme


    合辦		
	Expected Result	Achieved Result
Output Indicator 3A	Provide mentor training to 44 new mentors, among which 31 mentors complete at least 2 sessions of training	Provided mentor training to 57 new mentors (129.5%), among which 31 mentors (100%) have completed at least 2 sessions of training
Output Indicator 3B	Provide support counselling to 134 mentors, among which 94 mentors complete at least 2 sessions of support counselling	Provided support counselling to 124 mentors (92.5%), among which 96 mentors (102.1%) have completed at least 2 sessions of support counselling

    合辦		
	Expected Result	Achieved Result
Output Indicator 4A	Provide individual counselling to 134 drug abusers/ex-drug abusers, among which 94 participants receive at least 2 individual counselling sessions	Provided individual counselling to 143 drug abusers/ex -drug abusers (106.7%), among which 101 participants (107.4%) have completed at least 2 sessions of individual counselling
Output Indicator 4B	Provide talents' development programme to 134 drug abusers/ex-drug abusers, among which 94 participants receive at least 2 sessions of talent development programme	Provided talents' development programme to 140 drug abusers/ex -drug abusers (104.4%), among which 94 participants (100%) have completed at least 2 sessions of talent development programme


    合辦		
	Expected Result	Achieved Result
Output Indicator 4C	Provide career counselling services to 67 drug abusers/ex-drug abusers, among which 47 participants complete at least 2 sessions of career counselling services	Provided career counselling services to 77 drug abusers/ex - drug abusers (114.9%), among which 49 participants (104.3%) have completed at least 2 sessions of career counselling services

    合辦		
	Expected Result	Achieved Result
Output Indicator 5A	Provide family counselling to 47 family members of drug abusers/ex-drug abusers, among which 33 of them complete at least 2 sessions of family counselling	Provided family counselling to 47 family members of drug abusers/ex -drug abusers (100%), among which 30 of them (90.9%) have completed at least 2 sessions of family counselling
Output Indicator 5B	Provide family programme to 47 family members of drug abusers/ex-drug abusers, among which 33 of them complete at least 1 session of family programme	Provided family programme to 67 family members of drug abusers/ex-drug abusers (142.6%), among which 60 of them (181.8%) have completed at least 1 session of family programme

		
Outcome Benchmarks & Evaluation Results		
	Expected Result	Achieved Result
Outcome Indicator 1	<p>Drug / ex-drug abusers perceive a higher level of social support</p> <p>(70% of participants perceive a higher level of social support or statistical significant increase in the level of perceived social support as indicated by paired t-test)</p>	<p>101 valid cases evaluated. 81.2% of the drug/ex-drug abusers show improvement in perceiving a higher level of social support.</p>
Outcome Indicator 2	<p>Drug abusers show reduction in their drug use frequency</p> <p>(70% of participants reduce their drug use frequency)</p>	<p>107 valid cases evaluated. 60 cases reported using drug at pre-test, 100% reduce drug use frequency. 47 cases reported not using drug at pre-test, 100% avoided relapse.</p>

		
Outcome Benchmarks & Evaluation Results		
	Expected Result	Achieved Result
Outcome Indicator 3	<p>Drug / ex-drug abusers show improvement in employment readiness and work attitude</p> <p>(70% of participants show improvement in employment readiness and work attitude or statistical significant improvement in employment readiness and work attitude as indicated by paired t-test)</p>	<p>100 valid cases evaluated. 80% of the drug/ex-drug abusers show improvement in employment readiness and work attitude</p>
Outcome Indicator 4	<p>Mentors show improvement in acceptance of drug rehabilitees and treatment and rehabilitation facilities</p> <p>(70% of participants show improvement in acceptance of drug rehabilitees and treatment and rehabilitation facilities or statistical significant improvement in acceptance of drug rehabilitees and treatment and rehabilitation facilities as indicated by paired t-test)</p>	<p>123 valid cases evaluated. 73.2% of mentors show improvement in acceptance of drug rehabilitees and treatment and rehabilitation facilities</p>

		
	Expected Result	Achieved Result
Outcome Indicator 5	<p>Mentors gain knowledge about harm of drug abuse</p> <p>(70% of participants gain knowledge about harm of drug abuse or statistical significant gain knowledge about harm of drug abuse as indicated by paired t-test)</p>	<p>119 valid cases evaluated. 71.4% mentors gain knowledge about harm of drug abuse.</p>
Outcome Indicator 6	<p>Family members of drug abusers show improvement in their capacity to support drug abusing family members</p> <p>(70% of participants show improvement in their capacity to support drug abusing family members or statistical significant improvement in capacity to support drug abusing family members as indicated by paired t-test)</p>	<p>34 valid cases evaluated. 85.3% of family members of drug abusers show improvement in their capacity to support drug abusing family members</p>

		
<h2>Process Evaluation</h2>		
1.	<p>This project aims at providing aftercare service and enhancing relapse prevention and employability of drug/ex-drug abusers (“mentees”) aged 40 or below during 5/2021 to 4/2023. The project has recruited 161 mentees (120.1% of target) and 153 mentors (114.2% of target). Project elements include individual counselling services for drug abusers/rehabilitees, mentorship training, mentoring activities including regular gathering, team-building or adventure-based activities and volunteering activities. Career counselling and personal development programme are also provided to drug abusers/ rehabilitees. Tailor-made training for assistant mentor and peer supporter training for mentees have also provided to consolidate their experiences and become peer supporters.</p>	
2.	<p>Mentor trainings have been provided to mentors in order to enhance their drug knowledge and strengthen their communication and counselling skills. 21 sessions of trainings have been arranged. 31 new mentors (100% of target) have completed at least 2 sessions of training. Support counselling has also been provided to mentors and 96 (102.1% of target) of them completed at least 2 sessions of support counselling.</p>	



Process Evaluation (cont' d)

3. Individual counselling sessions were provided to mentees. 101 mentees (107.4% of target) completed at least 2 sessions of counselling.
4. Matching, mentoring and supportive services have also been provided in order to develop positive social support network for mentees and to strengthen relationship, communication and mutual support among mentees and mentors. 40 mentors (105.3 % of target) and 37 mentees (97.4% of target) attended at least 1 session of volunteer service.
5. For the mentee's personal development and career development, 94 mentees (100% of target) attended at least 2 session of talents' development activities; 38 mentees (100% of target) had attended 1 session of personal development activity. 37 mentees had attended 1 session of job skill training. 11 Job referral/interview opportunities had been offered to 11 mentees. 15 mentees (107.1% of target) joined at least 1 session of entrepreneurship program to earn a experience of running a small business as a part of career planning. 17 mentees (128% of target) attended certificate or license courses for enhancing their competence and employability in the labour market.

Experience Gained

1. Mentor trainings is important
 - Mentor trainings are needed or both new mentors and old mentors for equipping updated project directions and drug trends.
2. Promotion of assistant mentors and peer supporters
 - Promoting drug rehabilitees (mentees) to assistant mentors and peer supporters can have several advantages. The project shows that the promotion can reduce the drug use and increase the treatment engagement and their relapse prevention movtivation.

Other Findings

1. Mentors are more accepting drug rehabilitees but not T&R services or facilities:
 - According to the OC4-Quest 22, over 70% of mentors show improvement in acceptance of drug rehabilitees, but only 40.7% of them show improvement in acceptance of T&R services or facilities. Due to the outbreak of COVID-19 pandemic, many T&R services or facilities are not accepting visits. This may affect the positive impression of the T & R services or facilities among the mentors.
2. Success stories of the project mentees
 - The interviews with the project mentees can consolidate their experiences and become more resilience to drug temptation. By reflecting on their experiences and sharing them with others, they can gain a better understanding of their own strengths and weaknesses and develop strategies for coping with future challenges.

Conclusion

1. As a whole, all project output and outcome have been achieved. A total of 161 mentees (120.1% of target) and 153 mentors (114.2% of target) have been recruited.
2. With the successful experience in the past, this territory-wide project aims at providing aftercare service and enhancing relapse prevention and employability of drug/ex-drug abusers (“mentees”) aged 40 or below, including new target groups of drug abusing mothers, ethnic and sexual minorities.

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Rotary
Club of Admiralty



東華三院
Tung Wah Group of Hospitals



越峰成長中心
CROSS Centre

合辦

The End