



## ***No Drugs Home with More Love BDF190036***

**Aug 2020 – July 2023**

**Yang Memorial Methodist Social  
Service**



### ***Project Content***

- Territory-wide 3 years project
- Extension of No Drugs Home with Love
- Provide one stop service for ethnic minorities drugs abusers and rehabilitees, after care service and support to their family and children



## Target Group & services

All services are tailor made for ethnic minorities target groups:

- Drug users: Outreach and individual counselling to help them lower the drug usage
- Rehabilitees: Mutual help group, volunteer training and matching, medical service, healthy activities to build up their new life
- DDPs/rehabilitees family: Provide family counselling, tailor made group activities for their young and teenage children to prevent inter-generation drug abuse pattern
- Community members: Organize community education road show to improve their drugs related knowledge

## Output and Outcome Evaluation

- Evaluation methods:
  - Questionnaires
  - Program attendance
  - Urine tests



## Output Benchmarks & Evaluation Results

	Expected Result	Achieved Result
<b>Output Indicator 1</b>	Reach out to 150 ethnic minorities (EM) drugs dependence persons (DDPs)/ at-risk youths through mobile support team	Reached out to 408 ethnic minorities (EM) drugs dependence persons (DDPs)/ at-risk youths through mobile support team (272%)
<b>Output Indicator 2A</b>	To provide 200 drug test for EM DDPs/rehabilitees during preliminary medical consultation	To provide 201 drug test for EM DDPs/rehabilitees during preliminary medical consultation (100.5%)
<b>Output Indicator 2B</b>	To provide 200 drug test for EM DDPs/rehabilitees during preliminary medical consultation	To provide 200 drug test for EM DDPs/rehabilitees during preliminary medical consultation (183.2%)

## Output Benchmarks & Evaluation Results

	Expected Result	Achieved Result
<b>Output Indicator 3</b>	To provide counselling services for 39 family members and parents of EM DDPs	To provide counselling services for 40 family members and parents of EM DDPs (102.6%)
<b>Output Indicator 4</b>	To provide 210 sessions of mutual help group for 80 DDPs/ high risk individuals with 1,260 man-times of attendance	To provide 253 sessions of mutual help group (120.5%) for 101 DDPs/ high risk individuals (126.3%) with 2,639 man-times of attendance (209.4%)

## Output Benchmarks & Evaluation Results

	Expected Result	Achieved Result
<b>Output Indicator 5A</b>	To provide 30 sessions of coping skills workshop with 180 man-times of attendance	Provided 43 (143.3%) sessions of coping skills workshop with 444 man-times (246.7%) of attendance
<b>Output Indicator 5B</b>	To provide 12 sessions of volunteer training with 36 man-times of attendance	Provided 16 sessions (133.3%) of volunteer training with 99 man-times (275%) of attendance
<b>Output Indicator 5C</b>	To provide 18 sessions of volunteer service to clients/ organizations in need	Provided 18 sessions (100%) of volunteer service to clients/ organizations in need

## Outcome Benchmarks & Evaluation Results

	Expected Result	Achieved Result
<b>Outcome Indicator 1</b>	DDP's show reduction in drug use frequency over the past 3 months  (70% of participants reduce drug use or stop using drugs after completion of the programme)	90.3% of participants (84/93) reduced drug use frequency
<b>Outcome Indicator 2</b>	Family members of drug abusers show improvement in their capacity to support drug abusing family members  (70% of participants show improvement in capacity to support drug abusing family members or statistical significant improvement in capacity to support drug abusing family members)	97.8% of family members of drug abusers (45/46) show improvement in their capacity to support drug abusing family members

## Outcome Benchmarks & Evaluation Results

	Expected Result	Achieved Result
<b>Outcome Indicator 3</b>	<p>EM community member show improvement in acceptance of drug rehabilitees and treatment and rehabilitation facilities</p> <p>(70% of participants show improvement in acceptance of drug rehabilitees and treatment and rehabilitation facilities or statistical significant improvement in participant's acceptance of drug rehabilitees and treatment and rehabilitation facilities)</p>	<p>85.9 % of participants (79/92) show improvement in acceptance of drug rehabilitees and treatment and rehabilitation facilities</p>

## Project content

### 📍 Mobile Support Team

Engage the EM DDPs/at risk youths every week in Yau Tsim Mong Area, so to promote the programs and introduce service to community members



## Project content

### Escort & interpretation

- Escort clients to designated places and offer interpretation



## Project content

### Mutual Help Group

- mutual help group for participants to share their feeling and difficulties that encounter everyday



## Project content

### ● Coping skills workshop

- Workshops with topics such as dealing with family, financial planning and temptation, etc.



## Project content

### ● Volunteer training & service

- Painting class and fixing class



## Project content

### Ambassador Token

- Provide 900 volunteer hours in outreach or provide community support,



## Project content

### Day activities

- Day activities to nurture healthy habits, like regular exercise





## Project content

### Family outings

- Organize family outings for family to have quality time with family members



## Project content

### Music Jamming



### Sports training

- Develop interest and enhance self-confidence

## Project content

### Children & Teenage Group Activities

- 120 sessions of children play group for 21 DDPs/ at risk family children, to educate and discipline, so as to prevent inter-generational drug abuse



## Project content

### Graduation Ceremony

- Annual celebration for maintain drug-free
- provide a goal and motivation for improvement
- Keychains as a token of staying drug-free



## *Project content*

### ● Community Education Road Show

- Involve RDDPs and their family to spread anti-drug message



## *Experience Gained*

- Maintaining good network with ethnic minorities churches is helpful in receiving referrals and providing aftercare services
- Early intervention in DDPs' children in supporting them, so as to prevent inter-generational drug abuse
- EM communities often need support in escort and interpretation services, especially in health-related occasions; If support well, can motivate them to seek help



## **Other Findings**

- Ethnic minorities community are not familiar with support services for DDPS and family
- Ethnic minorities community have limited understanding about Hong Kong legal system in relation to drug cases and legal process
- Due to cultural difference and religion concerns, difficult to motivate EM DDPS, to receive treatment in rehab settings/DATC

## **Conclusion**

- Early intervention can help to prevent inter-generational drug abuse
- Support from family is crucial in seek help and drug rehab treatment
- Support DDPS and their family by extending support in
  1. supporting their children' growth
  2. support family members, so that they can be the one to support DDPS/RDDPs

