



BDF190035
Extended Community
Clinic Service 2.0

North District Hospital,
Tai Po Hospital and Alice Ho Miu
Ling Nethersole Hospital


8/2020-7/2023



Service Target(s)

Dual Diagnosed Substance Abusers and their Carers

- Psychiatric inpatient and outpatient settings in NTEC
- CCPSAs, NGOs and detox centers



North District Hospital (NDH)
北區醫院

Alice Ho Miu Ling Nethersole Hospital (AHNH)
雅麗氏何妙齡那打素醫院

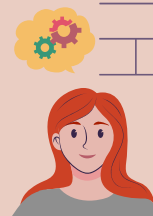
Tai Po Hospital (TPH)
大埔醫院

Prince of Wales Hospital (PWH)
威爾斯親王醫院

Shatin Hospital (SH)
沙田醫院

Objectives

- Assist client to reduce or stop using illicit drugs
- Assist client to establish improvement in mental health and daily functioning
- Enhance client motivation to quit drugs



Major activities

- Provide professional and comprehensive assessment, screening, risk and problem identification
- Design and deliver individualized and tailor-made care program and treatment plan for substance abusers
- Facilitate inter-agency collaboration on handling substance abusers
- Enhance sustainability of detox among substance abusers and support to carers via peer counseling service
- Provide assessment, treatment and referral to carers of substance abusers whom with emotional challenges


Ecc2.0 Service Content



Drug addiction counselling


Insight Enrichment

- Reflecting patient's ambivalences and suppressed self in counseling
- Inducing their self-awareness towards Mental Illness & Substance Abuse problem



Motivation Enhancement


- Assisting patient to be aware of drugs meaning towards him/her; reflecting the need and difficulty of patient
- Enhancing patient's motivation in detox plan (e.g. preparation for treatment in detox centre, alleviation of distress about detox centre, etc.)



In-house Intervention


Medication Adherence

- Assisting client to comprehend Psychiatrist's advice
- Assisting client to understand more of their mental illness and efficiency of medication
- Inducing their drug compliance to prevent addiction and mental health relapse




Multi – disciplinary collaboration

- Close communication and working with CMOs, Nurses, PTs and OTs for formulating and managing case plan



Partnership with peer specialist

- Making use of personal detox experience to inspire SA patients to quit drugs





Service Deliverables _ Output

Outcome indicator	Target	Output Achieved
Output indicator 1	To conduct comprehensive physical, psychosocial and spiritual assessment for 420 substance abusers	429 substance abusers are assessed (102% of target)
Output indicator 2	To provide 640 sessions of outreach individual counselling for 80 substance abusers	81 substance abusers are served (101% of target) and a total of 771 outreach individual counselling sessions are provided (120% of target)
Output indicator 3	To provide 320 sessions of outreach individual counselling for 80 carers of substance abusers	98 carers of substance abusers are served (123 % of target) and a total of 327 outreach individual counselling sessions are provided (102% of target)
Output indicator 4	To provide 72 group sessions for substance abusers / carers of substance abusers, with a total of 432 attendees	441 attendees are served (102% of target) in a total of 96 group sessions (133% of target)

Service Deliverables _ Outcome

Outcome indicator	Target	Outcome achieved
Outcome indicator 1	70% of the participants shown improvement on readiness to quit drugs or statistical significant improvement in participant's stage of change	Statistical significant improvement found using paired t-test <u>Target met</u>
Outcome indicator 2	70% of the participants shown improvement in mental state or statistical significant improvement in participant's mental state (outcome measures in BPRS/DASS21)	BPRS: 89.3% Statistical significant improvement found in DASS21 scale using paired t-test <u>Target met</u>
Outcome indicator 3	70% of the participants shown improvement in functional state or statistical significant improvement in participant's functional state outcome measures in CISS)	95.2% <u>Target met</u>
Outcome indicator 4	70% of the participants reduced substance use or stopped using drugs after completing the program	93.3% reduced drug use 70.2% quitted drugs 94.1% avoided relapse. <u>Target met</u>

