

Certified Addiction Counsellor Training and Clinical Supervision BDF180045

01/07/2019 – 30/06/2020

Tung Wah Group of
Hospitals



Introduction

In view of the increasing complexity of drug abuse cases in Hong Kong, strengthening professionals' knowledge and skills base is crucial for handling these challenging cases. The objectives of this project are :

- 1) to advance the professional competency of anti-drug workers in their delivery of addiction prevention, assessment, and intervention; and
- 2) to increase professional standard through standardized testing for the Certified Addiction Counsellor credential

Project Content

- Phase One: the 5-day Certified Addiction Counselor Training was delivered to frontline anti-drug professionals;
- Phase Two: 8 sessions of group supervision was provided to frontline drug treatment professionals who successfully completed the Certified Addiction Counselor Training.

Delivery of professional training

- 30 addiction-related professionals attended the professional training in November 2019



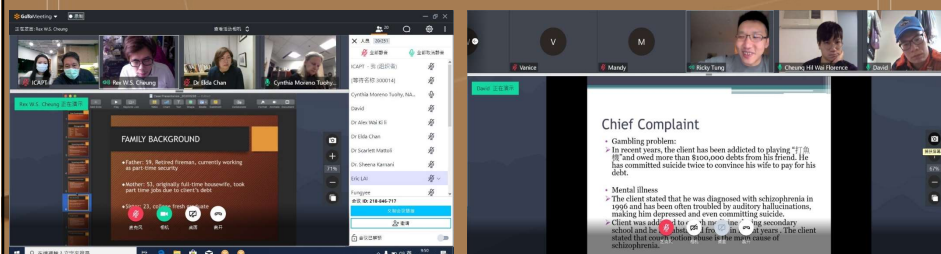
Examination for Addiction Counsellor Certification

- 30 participants who fulfilled the requirements took part in the examination and applied for credentials.



Delivery of group supervision

- 20 addiction professionals who passed the addiction counselling certification attended the 8-session supervision sessions.



Training Schedule

Day	Date	Time	Module
1	8/11/2019 (Fri)	AM	Module 3 – Co-occurring Disorders
		PM	Module 4 –Clinical Management of STDs
2	9/11/2019 (Sat)	AM	Module 6 – Addiction and Legal Issues
		PM	Module 1 – Intake, Screening and Treatment Planning
3	14/11/2019 (Thur)	AM	Module 7 – Ethical and Professional Issues in Addiction Counseling
		PM	Module 9 – Relapse Prevention, Discharge and Continuing Care
4	22/11/2019 (Fri)	AM	Module 5 – Crisis Management
		PM	Module 8.3 – Cognitive Behavioral Therapy
		PM	Module 8.2 – Motivational Interviewing
5	23/11/2019 (Sat)	AM	Module 2– Pharmacology, Physiology and Important Drug Interaction
		PM	Module 8.1 – Working with families
		PM	Study Group

Output and Outcome Evaluation

- Evaluation methods
 - Beat Drugs Fund Question Set No. 21 (post-test)
 - Tailor-made evaluation questionnaire for professional training course (pre-test and post-test)

Output Benchmarks & Evaluation Results

	Expected Result	Achieved Result
Output Indicator 1	Provide professional training for 30 anti-drug professionals, with 90% of them (or 27 participants) fulfilling the attendance requirement of the training course (80% attendance)	Provided professional training for 30 anti-drug professionals, with 100% of them (30 participants) fulfilling the attendance requirement of the training course (80% attendance)
Output Indicator 2	80% of those who fulfilled the requirement of the attendance pass the examination and obtain certification of addiction counsellors	100% of those (30 participants) who fulfilled the attendance requirement passed the examination and obtained certification of addiction counsellors
Output Indicator 3	Provide 8 group supervision sessions for 20 anti-drug professionals, with 90% of them (or 18 participants) completing 7 group sessions	Provided 8 group supervision sessions for 20 anti-drug professionals, with 18 participants (90%) of them fulfilling the requirement of completing at least 7 sessions.

Outcome Benchmarks & Evaluation Results

	Expected Result	Achieved Result
Outcome Indicator 1	80% of the participants who completed the professional training give an average of 3 or above on the general organization and administration of the training course.	93.3% (28 out of 30) of participants rated an average of 3 or above on the level of satisfaction of the training course.
Outcome Indicator 2	Improvement in participant's professional competency in providing addiction counselling services (80% of the participants show improvement in professional competency or statistical significant improvement in participant's professional competency as indicated by paired t-test)	93.3% (28 out of 30) of the participants who completed the professional training showed improvement in professional competency.
Outcome Indicator 3	80% of the participants who attended 7 supervision sessions give an average of 3 or above on their level of satisfaction on the supervision	100% of participants who attended 7 supervision sessions rated an average of 3 or above on the level of satisfaction on the supervision.

Experience Gained

Reason behind success

- As this project offers a professional training leading to a professional addiction counsellor credential, this would increase the value of the project and attract helping professionals to join the training.
- The structure and content of our professional training meets the training needs of local drug treatment professionals
- Clinical supervision will further enhance the clinical competency and ability to transfer knowledge into practice.

Lesson learnt

- Training participants found clinical supervision provided by drug professionals helpful in strengthening their clinical competency. It should be retained in the future training

Conclusion

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- The over enrolment, positive feedbacks and requests for further training and supervision from training participants suggest that the certified training and group supervision are useful and beneficial for frontline drug treatment professionals in their anti-drug work

Suggestions

- More structured, comprehensive and culturally relevant training course is needed for frontline drug treatment professionals to advance drug treatment service quality

Way forward

- Clinical supervision should be retained to address the needs of frontline drug treatment professionals
- Future training involving experienced specialists from overseas and local practitioners will enhance the culturally sensitive practice and knowledge transformation to meet the local needs.

