



東華三院

Tung Wah Group of Hospitals

越峰成長中心

CROSS Centre



# PRECIOUS JOURNEY BDF 170056-

A SUPPORTIVE PROJECT FOR PARENTS WITH DRUG ABUSE BEHAVIOUR



吸毒家長支援計劃  
A Supportive Project for Parents  
with Drug Abuse Behaviour

Project Implementation Period:

1/8/2018-31/7/2021



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# INTRODUCTION

This territory-wide project is a client-centred, comprehensive and multi-disciplinary collaborated project targets mothers and pregnant women with drug abuse behaviour, their aged 0-5 children, partners and child carers.



# PROJECT CONTENT

## Module 1: Individual Treatment Level

<p><b>Domain 1. Self-Care (母)</b></p>	<p><b>Domain 2. Childcare Skill (兒)</b></p>
<ul style="list-style-type: none"> <li>Individual counselling and motivation enhancement</li> <li>Personal Growth Group</li> </ul>	<ul style="list-style-type: none"> <li>Home- based child care skill training</li> <li>Medical assessment and medical treatment service (antenatal stage and postnatal stage)</li> </ul>

## Module 2: Interpersonal Treatment Level

<p><b>3. Parent-child Attachment (陪)</b></p>	<p><b>4. Family Functioning (伴)</b></p>
<ul style="list-style-type: none"> <li>Attachment Play Experiential Group</li> <li>The Circle of Security® Parenting™(COS-P ) Program</li> <li>Parallel Play Group</li> </ul>	<ul style="list-style-type: none"> <li>Family Functioning Mutual Support Group</li> <li>Family Fun Day</li> </ul>



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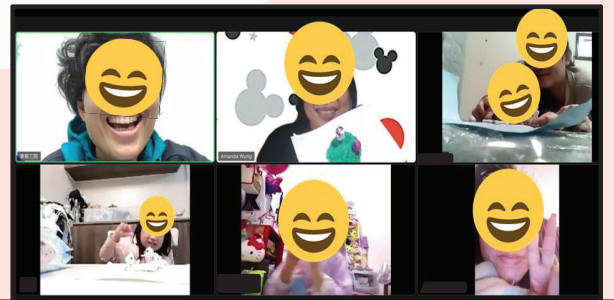


# PROJECT ACTIVITY

## Personal Growth Group



## Attachment Play Experiential Group



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# PROJECT ACTIVITY

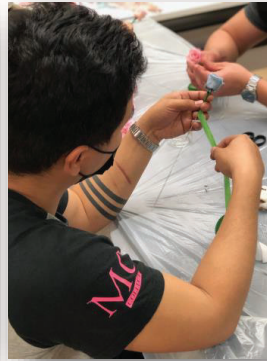
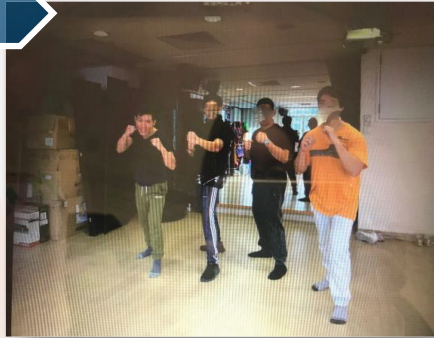


## The Circle of Security® Parenting™(COS-P) Program



## Parallel Play Group

Family Functioning Mutual Support Group



Family Fun Day



## OUTPUT AND OUTCOME EVALUATION

	Expected Result	Target Population	Achieved Result
<b>Output Indicator 1</b>	<p>Provide treatment and rehabilitation services to 75 mothers / pregnant women with drug abuse behavior, including:</p> <p>A. <u>Home-Based Child Care Training*</u>. At least 75 participants being engage in the training, among these 75 participants, 53 engage in 3 sessions of training.</p> <p>B. At least 300 <u>Individual Counselling Sessions</u>. Among the 75 participants, 53 participants engage in 4 individual counselling sessions.</p>	<p>Mothers or pregnant women with drug abuse behavior</p>	<p>Provided treatment and rehabilitation services to 122 mothers / pregnant women with drug abuse behaviour, including:</p> <p>A. 68 participants (90.67%) being engaged in the training, 48 participants (92.57%) engaged in 3 sessions of training.</p> <p>B. 561 individual counselling sessions (187%) provided. Among the 97 participants (129.33%), 60 participants (113.21%) engage in 4 individual counselling sessions.</p>

<p><b>Output Indicator 1 (cont')</b></p>	<p>C. At least 150 <u>Medical Assessment and Treatment Sessions</u> in collaboration with hospital or medical service providers. Among the 75 participants, 53 participants engage in 2 sessions.</p> <p>D. At least 75 sessions of <u>Featured Medical Services for Parent-Child Bonding Enhancement</u> services. (3D/4D ultrasound examination not supported) Among the 75 participants, 53 participants receive this service.</p> <p>E. At least 40 group sessions of <u>Personal Growth Group</u>. Among the 75 participants, 53 participants engage in 3 group sessions.</p>	<p>Mothers or pregnant women with drug abuse behavior</p>	<p>C. 200 medical assessment and treatment sessions (133.33%) in collaboration with hospital or medical service providers. Among the 61 participants (81.33%), 48 participants (90.57%) engaged in 2 sessions.</p> <p>D. 74 sessions (98.67%) of <u>Featured Medical Services for Parent-Child Bonding Enhancement</u> services arranged for 122 participants, among the 122 participants (162.66%), 43 participants (81.13%) received the service.</p> <p>E. Provided 111 sessions (277.5%) of <u>Personal Growth Group</u>. Among the 68 participants (90.06%), 49 participants engage (92.45%) in 3 group sessions</p>
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<p><b>Output Indicator 2</b></p>	<p>A. Provide 25 pregnant women / mothers and 25 partners of them with not less than 50 <u>Counselling Sessions for Couple Relationship Enhancement</u>. Among the 50 participants, 25 participants engage in 2 counselling sessions.</p> <p>B. Provide 25 partners of pregnant women / mothers with not less than 20 <u>Mutual Support Group Sessions</u>. Among the 25 participants, 18 participants engage in 3 sessions of the mutual support group.</p>	<p>A. Pregnant women or mothers with drug abuse behavior and their partners</p> <p>B. Partners of pregnant women or mothers with drug abuse behavior</p>	<p>A. Provided 30 pregnant women / mothers and 23 partners of them with 97 counselling sessions (194%) for couple relationship enhancement. Among the 53 participants (106%), 30 participants (120%) engaged in 2 counselling sessions.</p> <p>B. Provided 21 (84%) partners of pregnant women / mothers with not less than 25 (125%) <u>Mutual Support Group Sessions</u>. Among the 21 participants, 14 (77.78%) participants engage in 3 sessions of mutual support group.</p>
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<p><b>Output Indicator 3</b></p>	<p>A. Provide 53 pregnant women / mothers and 25 partners of them with not less than 36 <u>Attachment Play Experience Group</u> sessions. Among the 78 participants, 55 participants engage in 5 sessions of the experience group.</p> <p>B. Provide 53 pregnant women / mothers, 25 partners, 50 children and 25 child carers with at least 12 sessions of <u>Family Fun Day</u>. Among the 153 participants, 108 participants join 1 or more sessions of Family Fun day activities.</p>	<p>A. Pregnant women or mothers with drug abuse behavior and their partners</p> <p>B. Pregnant women or mothers with drug abuse behavior, their partners, children (aged 0-5) and carers of children</p>	<p>A. Provided 60 pregnant women / mothers (113.21%) and 30 partners (120%) with 71 sessions (197.22%) of Attachment Play Experience Group. Among the 90 participants (115.38%), 41 participants (74.55%) engage in 5 sessions of the experience group.</p> <p>B. Provided 122 pregnant women / mothers and 77 partners, 141 children and 37 child carers with 16 sessions (133.33%) of Family Fun Day. Among the 377 participants (246.41%), 118 participants (109.26%) joined 1 or more sessions of Family Fun Day.</p>
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<p><b>Output Indicator 4</b></p>	<p>Provide 53 pregnant women / mothers with not less than 32 group sessions (4 groups) of <u>Circle of Security Parenting Program (COS-P)</u>. Among the 53 participants, 38 participants engage in 6 sessions of the program.</p>	<p>Pregnant women or mothers with drug abuse behavior and their partners</p>	<p>Provided 38 pregnant women / mothers (71.70%) with 46 sessions (143.75%) of Circle of Security Parenting Program (COS-P). Among the 38 participants, 27 participants (71.05%) engage in 6 sessions of the experience group.</p>
<p><b>Output Indicator 5</b></p>	<p>Provide 50 children of participating women with at least 32 group sessions (4 groups) of <u>Parallel Play Group</u>. Among the 50 participants, 35 participants engage in 6 sessions of the program.</p>	<p>Children (aged 0-5) of pregnant women or mothers with drug abuse behavior who attend COS-P</p>	<p>Provided 58 children of participating women (116%) with 51 sessions (159.38%) of Parallel Play Group. Among the 58 participants, 32 participants (91.43%) engage in 6 sessions of the experience group.</p>



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	Expected Result	Achieved Result
<b>Outcome Indicator 1</b>	70% of drug abusing participants show reduction in frequency of drug use	94.83 of participants showed reduction in frequency of drug use.
<b>Outcome Indicator 2</b>	Participants who completed 4 sessions of individual counselling sessions demonstrate a more negative attitude towards drug abuse	91.67% of participants demonstrated a more negative attitude towards drug abuse.
<b>Outcome Indicator 3</b>	Participants who completed 3 sessions of personal growth group show improvement in their self-esteem	73.47 of participants showed improvement in self-esteem.
<b>Outcome Indicator 4</b>	Participants who completed 6 sessions of Circle of Security Parenting (COS-P) Program show improvement in their parental efficacy	76.92% of participants showed improvement in their parental efficacy.
<b>Outcome Indicator 5</b>	Participants who have completed Couple Counselling show improvement in their family functioning	76.92% of participants showed improvement in their family functioning.



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## EXPERIENCED GAINED

1. Multi-disciplinary collaboration greatly beneficial to the clients and their children. Better arrangement and resources could be allocated to them according to their needs.
2. Diverse variety of activities, ranging from self-care group for mothers, parent-child activities and family programs satisfy participants' various needs and encourage attachment to the project.
3. Strong flexibility of services sustain service delivery via online platforms especially during the pandemic period.



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## DIFFICULTIES ENCOUNTERED

1. Fluctuation of participants affects their commitment in long- term group e.g. Circle of Security Parenting (COS-P) Program.
2. Partners are comparatively detached to the project which makes recruitment of Family Functioning Mutual Support Group more challenging and time- consuming.
3. With the geographical location of agency on Hong Kong island, project implementation progress was inevitably affected over the period of social movement and the outbreak of COVID-19 pandemic.



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## CONCLUSION & WAY FORWARD

1. Groups and programmes were mainly short- term and family-based, in- family interaction of participants are intensified. However, the need for mutual peer support was undermined. Therefore, second phase of the 3-year project will specialize in mother- oriented services. Individual- based and long- term groups for mothers is suggested to establish positive connection among participants.
2. With positive feedback on postnatal service, collaboration with postnatal care workers will be extended to various aspects of services, including co-working mother-oriented groups or workshops in project continuation.





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