



1.8.2018 – 31.7.2021

Touch Point II BDF170051 Caritas – Hong Kong



Touch Point II

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2. Project Content

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Introduction

- This territory-wide project aimed at providing supporting service to arrested young drug abusers and their hidden peers throughout different stages of legal procedures. The main project activities included court outreach service, relapse and re-offending prevention workshops, drug rehabilitation services and life rebuilding plan.
- This project had extended the intervention model from “pre-trial” intervention to a comprehensive extended one - “pre and post intervention”. By assisting the young drug abusers to deal with the complex criminal procedures and different stressful life events, we helped the young drug abusers to manage personal emotion and stresses, enhanced their motivation to quit drug and rebuild a drug-free lifestyle.



Court Outreach

We conducted court outreach service in 7 magistrate courts, where we distributed educational pamphlets and provided legal support.





Internet Outreach Hotline and website service

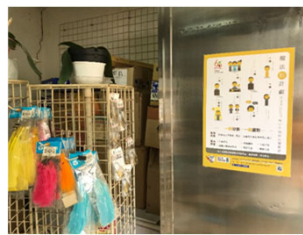
We conducted internet outreach through Facebook and message board of our website, where we identified potential targets. We promoted our website through online advertisement.



Networking with Grocery Stores



Choi Hung



Lai Chi Kok



We networked with grocery stores at Choi Hung and Lai Chi Kok to put up promotional posters at the stores, and to provide support to family members.



Relapse and Re-offence Prevention Workshop



We conducted a number of workshops to enhance clients' awareness of drug and crime issues.



Therapeutic Groups



青年組

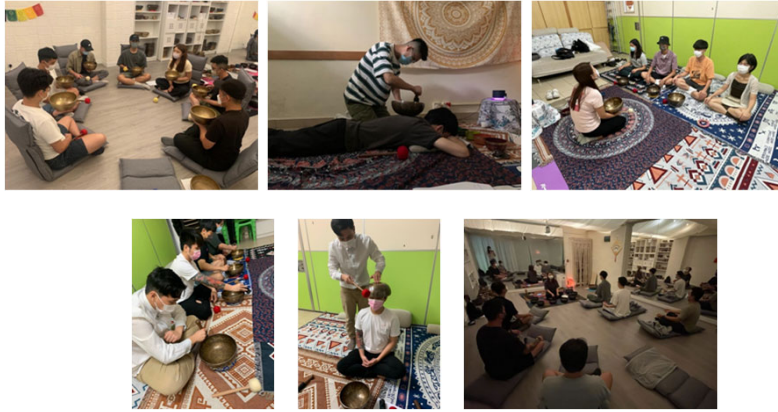


家長組

We held several therapeutic groups for drug abusers and their family, with themes such as self-understanding, drug counselling, family communications, etc.



Therapeutic Group – Singing Bowl Groups



We also conducted a few groups with the use of singing bowl, helping clients to manage and relieve stress through a mindful and peaceful way.

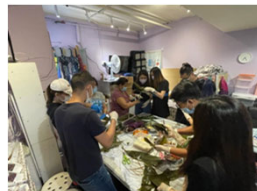


Relaxation & Recreational Activities



Cooking Class

和諧粉彩班



端午節包粽活動



情人節朱古力製作班



Relaxation & Recreational Activities



瑜伽及空中瑜伽班

義工服務

We organized numerous relaxation and recreational activities, helping clients to build new interests and hobbies, gain positive experiences and relieve stresses.



Financial Restructuring Service



Financial restructuring services were organized to help clients understand the importance of financial management and building a healthy financial habit.



Vocational Trainings



Manicure course

We supported clients attended various kinds of vocational trainings, such as manicure, DJ training, English courses, Chef training, to develop new skills and knowledge and to reintegrate into the labour market.



Medical Assessment & Consultation Service



Medical assessments and consultations services include body check, Chinese medicine consultation and dental check up were conducted. These helped clients to be aware of how drugs affected their health conditions.



Output and Outcome Evaluation

Evaluation Methods

Evaluation on Output Indicators

Output indicator 1 was evaluated through the number of pamphlets and service introduction delivered to the targets marked in the daily logbook

Output indicators 2-5 were evaluated through data retrieved from participant's enrolment/ registration records

Evaluation on Outcome Indicators

Outcome indicator 1, 2, 4 and 3 were evaluated by Beat Drugs Fund Question Set No. 13, 6, 20 and DASS-21 respectively.

Evaluation Results

All output indicators were fully achieved

All outcome indicators showed 70% or above improvements, indicating the effectiveness of the project.



Output Evaluation

	Expected Result	Achieved Result	Remark
Output Indicator 1	To reach 960 arrested high-risk youths and drug abuse offenders	Reached 937 arrested high-risk youths and drug abuse offenders (98%)	
Output Indicator 2	To provide short-term rehabilitation to 120 arrested drug abusers in pre-trial period	Provided short-term rehabilitation to 126 arrested drug abusers in pre-trial period (105%)	
Output Indicator 3	To motivate 60 drug abuse offenders to join the life-rebuilding rehabilitation in post-trial period	Motivate 70 drug abuse offenders to join the life-rebuilding rehabilitation in post-trial period (117%)	
Output Indicator 4	To motivate 60 hidden drug abusers to join the life-rebuilding rehabilitation	Motivate 82 hidden drug abusers to join the life-rebuilding rehabilitation (137%)	
Output Indicator 5	To provide individual counselling and supportive groups for 60 family members of the young drug abusers	Provided individual counselling and supportive groups for 60 family members of the young drug abusers (100%)	




Outcome Evaluation

	Expected Result	Achieved Result	Remark
Outcome Indicator 1	Participants show improvement in their motivation to quit drugs	276 valid cases evaluated 84.4% of participants showed improvement in their motivation to quit drugs.	
Outcome Indicator 2	Participants reduce drug use frequency three months after attending life rebuilding rehabilitation services	151 valid cases evaluated 84.8% of participants reduced drug use frequency three months after attending life rebuilding rehabilitation services.	
Outcome Indicator 3	Participants show reduction in their stress level	151 valid cases evaluated 74.8% of participants showed reduction in their stress level.	
Outcome Indicator 4	Family members of drug abusers show improvement in their capacity to support drug abusing family members	60 valid cases evaluated 86.7% of participants showed improvement in their capacity to support drug abusing family members.	



Experience Gained

- Reason behind success
- Reason behind underachievement of target
- Lesson learnt



Experience Gained

Reason behind success

1

2

3

4

By providing after arrest support, we met the needs of the arrested drug abusers, thus they were willing to receive our service.

Due to the legal consequences and our social workers' counselling and guidance, the arrested drug abusers' motivation to quit drug was highly increased.

We were able reach family members during court outreach, thus family work was carried forward more effectively.

Online promotion and outreach were important. We had a well developed website, in which legal information, cases, sentencing guidelines, message board were included. It helped us to reach potential clients. Online advertising was very significant as well.



Experience Gained

Lesson Learnt

Lesson Learnt

Lesson Learnt

Apart from working with other social services such as IFSC and ICCMW, Touch Point II also co-operated with professionals from different disciplines, such as lawyers, CSD Officers, Probation Officers, which greatly strengthened the effectiveness of the drug rehabilitation.

Early intervention from pre-trial stage was clearly beneficial to the drug rehabilitation process at the later stage.

Online work was less affected during pandemic compared to face-to-face work. Recently, online outreach had a greater effectiveness in reaching potential clients compared to traditional outreach work. Thus, the importance of online service promotion cannot be ignored.



Conclusion

Conclusion

- Touch Point II is a successful and effective project in assisting drug abusers to quit drug or enhancing their motivation to quit drug.
- All project objectives were fully fulfilled

Suggestions

1. Online service promotions to reach potential clients is indispensable
2. It was observed that, apart from traditional drugs such as ketamine, cocaine and ice, weed became a prevalent drug among youngsters recently. In year 2020-2021, over 50% of arrested young drug abusers took weed. They had high educational level. They were working youths or even professionals. Anti-drug work has to keep pace with time in order to be effective.

Way forward

- The work of Touch Point II (service for arrested drug abusers) is very important and with great need. The service should expand or even become a regular subvented service.