

PROJECT MIDNIGHT
SOUTHRAY II
(BDF 170029)



1ST AUGUST 2018- 31ST JULY 2021

The Society of Rehabilitation & Crime Prevention, Hong Kong



INTRODUCTION

- Territory wide drug preventive services for high risk youth from non-Chinese communities through midnight outreach and supportive services
- Tailor made service with high cultural sensitivity.





PROJECT ACTIVITIES

- Midnight outreach to at-risk youth
- Online outreaching services
- Visit/ Guided tour/ Sharing
- Social group and leisure activities
- On-the-Spot Health Check Up
- On-the-spot crisis intervention and counselling service
- Employment training & support
- Volunteer programme
- Peer supporter training workshop
- Referral
- Preventive education publicity
- Graphic design programme
- Follow up service

Project Activities



Midnight outreach to at-risk youth



293 sessions of outreaching service conducted, served 8,494 man-times.

Online Outreaching services

project_midnight_soutray

The Society of Rehabilitation and Crime Prevention, Hong Kong

: 9792-6437

#DrugPrevention #HealthyLifeStyle #Hope #Awareness #FindYourStrength #Opportunity

View insights Promote

3 likes

Our project is sponsored by Beat Drugs Fund. We provide drugs prevention service and build up a healthy life style... more

10 October 2018

308 sessions of online outreaching service conducted, served 8,157 man-times.

Project Activities

Sharing & Visit – School Talk



27 sessions of visit/ guided tour/ sharing conducted, served 648 man-times.

Social Groups & Leisure Activities



170 sessions of social group and leisure activities conducted, served 995 man-times.

Project Activities

On-the-spot health check-up



260 sessions of on-the-spot health check-up conducted, served 2,143 man-times.

On-the-spot crisis intervention and counselling service



275 sessions of on-the-spot crisis intervention and counselling service conducted, served 1,282 man-times.

Project Activities



Employment Training



26 sessions of employment training & support conducted, served 129 man-times.

Volunteer programme



126 sessions of volunteer programme conducted, served 305 man-times.



Project Activities



Referral



579 man-times reached.

Preventive education publicity



56,151 publicity items distributed



Project Activities



Graphic design programme



35 sessions of graphic design programme conducted, served 134 man-times.

Follow up service



1,405 man-times reached.

Output Benchmarks & Evaluation Results

| | Expected Result | Achieved Result |
|---------------------------|--|--|
| Output Indicator 1 | 720 (man-times) at risk EM Youths/hidden drug abusers reach by social group & leisure activities | 995 (man-times) at risk EM Youths/hidden drug abusers reached by social group & leisure activities |
| Output Indicator 2 | 150 (man-times) at risk EM Youths/hidden drug abusers participate in the visit/guided tour/sharing | 648 (man-times) at risk EM Youths/hidden drug abusers participate in the visit guided tour/sharing |
| Output Indicator 3 | 9,216 (man-times) Physical Outreach 5,760 (man-times) Online Outreach at risk EM Youths/hidden drug abusers | 8,494 (man-times) Physical Outreach 8,157 (man-times) Online Outreach at risk EM Youths/hidden drug abusers |





Output Benchmarks & Evaluation Results

| | Expected Result | Achieved Result |
|---------------------------|---|---|
| Output Indicator 4 | 1,344(man-times) at risk EM Youths/hidden drug abusers for the on-the-spot crisis intervention and counselling service <i>(adjusted after COVID-19 variation)</i> | 1,282(man-times) at risk EM Youths/hidden drug abusers for the on-the-spot crisis intervention and counselling service |
| Output Indicator 5 | 2,304(man-times) on-the-spot health check up received by at-risk EM youths/ hidden EM drug abusers | 2,143(man-times) on-the-spot health check up received by at-risk EM youths/ hidden EM drug abusers |

**Due to the Covid-19, the output indicator 4 was adjusted after the Covid-19 variation. Therefore, we basically reached all the targets.



Outcome Evaluation

| | Description of Indicator | Evaluation Result |
|----------------------------|--|---|
| Outcome Indicator 1 | Participants show improvement in their perception of risk associated with drug abuse | 430 valid questionnaires evaluated 82.1% of participants show improvement in their perception of risk associated with drug abuse. |
| Outcome Indicator 2 | Participants show improvement in their perceived self-efficacy to avoid drugs. | 108 valid questionnaires evaluated 80.6% of participants show improvement in coping skills; 80.6% of participants indicate reduction in drug use desire; 82.4% of participants indicate reduction in relapse risk; 82.4% of participants indicate increase in importance to remain drug free and 80.6% of participants indicate increase in chance of resisting drug. |





Outcome Evaluation

| | Description of Indicator | Evaluation Result |
|----------------------------|---|---|
| Outcome Indicator 3 | Participants show reduction in their permissive attitude towards drug abuse | 621 valid questionnaires evaluated 87.0% of participants show reduction in their permissive attitude towards drug abuse. |
| Outcome Indicator 4 | Participants show improvement in their motivation to quit drugs | 700 valid questionnaires evaluated 85.4% of participants show improvement in their their motivation to quit drugs |



Method of Outcome Evaluation

Pre & Post Test Survey

1. Outcome Indicator 1 – BDF Questionnaire
No. 16
2. Outcome Indicator 2 – BDF Questionnaire
No. 12
3. Outcome Indicator 3 – BDF Questionnaire
No. 18
4. Outcome Indicator 4 – BDF Questionnaire
No. 13



Experience Gained



Reason behind Success

- Teamwork
- Language & Cultural Sensitivity
- Determination & Passion
- Relationship building with EM Youth
- Peer Support/Staff Support with Real Life Experience and Lessons from Ex Drug Abusers
- Cooperated with other EM service in SRACP
- Supported by BDF



Reasons behind Underachievement of Target



1. 2019 SOCIAL UNREST

2. COVID-19 PANDEMIC





LESSON LEARNT

- Importance to link up and network with EM related NGOs, schools and community leaders.
- Partnership – cooperate with outreach team, drug treatment and rehabilitation centers.
- Education and support service to parents.
- Engage with Youth with different educational and leisure programs and develop their skills.
- High cultural sensitive to EM youth culture, interest, habit and drug trend.
- Career planning and peer volunteers are the key interventions.
- Develop Online services



Other Findings

- Cannabis is the most common drugs among EM Youth and not realizing it as a drug
- Parents Awareness is very important steps for drugs prevention in EM Community
- Discovered some hidden drug abusers through the help of online/physical outreach and leisure activities
- Discovered and explored different social services which are available and very helpful to EM Youth and EM Community in Hong Kong
- Drug Awareness and importance of the person's well being was increased through the help of Pre and Post Questionnaire Materials that are readily available all through out the Project





CONCLUSION

- We provided drugs awareness and healthy lifestyle education through different outreach programs and drug talks.
- We motivated the high risk EM Youth for their career planning through counselling, workshops and follow up.
- We are able to make some referrals to different treatment and rehabilitation centers for our EM Youth service users who were found to be drug abusers.
- With the help of our Project referral program, some EM Youth Volunteers got their full time job offer to other institution.
- We are able to deliver awareness to EM Community all the services available for them that they are not familiar with.



SUGGESTIONS/RECOMMENDATIONS

- Due to a very limited and lack of drug awareness in EM Community, additional services tailored for parents/caregivers might be more useful for drug prevention in the society
- Language barrier is one of the factor that the EM Community experienced in learning different services that are also accessible to them, deployment of more EM Staff and Volunteers who shared the same language, culture, values and belief as them to overcome not only the language problem as well as cultural sensitivity.
- Increase the opportunity to visit and learn more information about the different drug and rehabilitation centers across Hong Kong.
- Providing additional training and workshops for the EM staffs.
- Special service and intervention on Cannabis is the new trend.





End