Say No to Drugs – Path Builders for Youth Project BDF 160026



Project implementation period:

1st May 2017 to 30th April 2019

Grantee:

Rotary Club of Admiralty Limited

Co-organizer:

TWGHs CROSS Centre

Introduction

 This territory-wide project aims at providing rehabilitation services and mentoring program for existing drug abusers and ex-drug abusers under the age of 35 during 05/2017 to 04/2019.

Project Content

 Project elements include individual counselling services for drug abusers/rehabilitees, mentorship training, mentoring activities including regular gatherings and volunteering activities. Promotion system, job referrals and provision of employment advices will be provided for drug-free mentees with good performance.

Project Activities





Individual Counselling Session for Mentees



Support Counselling Training Session for Mentors



Matching, Mentoring and Supportive Services (Gathering)



Matching, Mentoring and Supportive Services (Leisure activities)



Matching, Mentoring and Supportive Services (Team Building activities)



Matching, Mentoring and Supportive Services (Adventure-based activities)



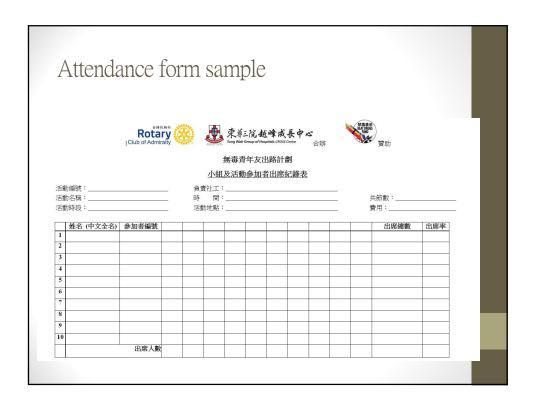


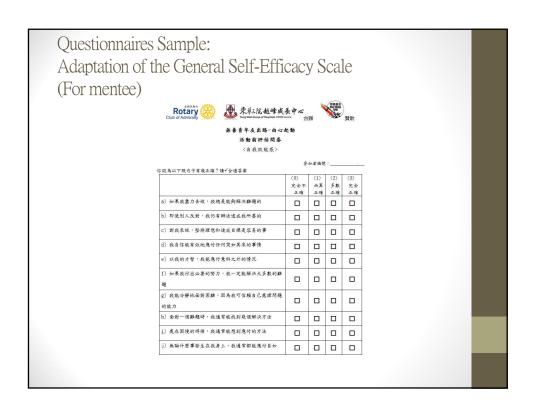


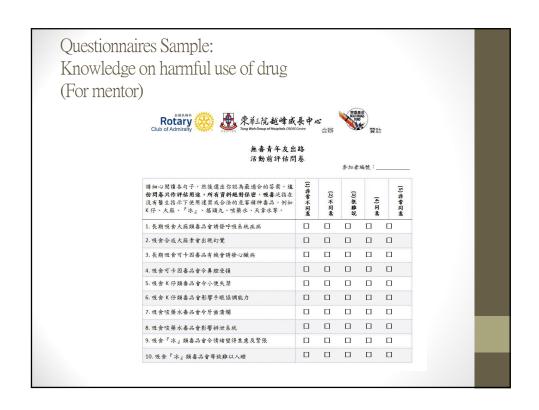
Output and Outcome Evaluation

Evaluation methods

- 1. Attendance forms (output record)
- 2. Questionnaires (outcome evaluation)
- 3. Project Committee meeting









Output Benchmarks & Evaluation Results

	Expected Result	Achieved Result
Output Indicator 1		· · · · · · · · · · · · · · · · · · ·
Output Indicator 2	abusers /ex-drug	95 (135.7%) drug abusers /ex-drug abusers have completed at least 4 sessions of counselling

Output Benchmarks & Evaluation Results

	Expected Result	Achieved Result
	70 mentors complete at least 4 sessions of training	78 (111.4%) mentors have completed at least 4 sessions of training
Output Indicator 4		81 (115.7%) mentors have joined the agency visit

Outcome Benchmarks & Evaluation Results

	Expected Result	Achieved Result
Outcome Indicator 1	who have completed the matching and mentoring show reduction in frequency of drug abuse or	95 valid cases evaluated - 33 cases reported using drug at pre-test, 93.9% of them showed reduction in frequency of drug abuse - 62 cases reported not using drug at pre-test, 100% of them demonstrated continual abstinence

Outcome Benchmarks & Evaluation Results

	Expected Result	Achieved Result
Outcome Indicator 2	who have completed matching and mentoring can strengthen the sense of	95 valid cases evaluated; 94.7% of drug abusers who have completed matching and mentoring can strengthen the sense of perceived self-efficacy

Outcome Benchmarks & Evaluation Results

	Expected Result	Achieved Result
Outcome Indicator 3	70% of mentors who have completed mentors training show an increase in acceptance of treatment and	105 valid cases evaluated; 87.6% of mentors who have completed mentors training show an increase in acceptance of treatment and rehabilitation services and
	(or statistical significant improvement in acceptance of treatment and rehabilitation services and ex-drug abusers)	on alag abasolo

Outcome Benchmarks & Evaluation Results

	Expected Result	Achieved Result
Outcome Indicator 4	enhance their	105 valid cases evaluated; 83.8% of mentors enhance their knowledge on harmful use of drugs

Process Evaluation

- 1. The project has recruited a group of mentors to help young drug abusers to steer away from drug abuse and re-develop a healthy drug-free lifestyle.
- 2. Matching, mentoring and supportive services have been provided in order to develop positive social support network for mentees and to strengthen relationship, communication and mutual support among mentees and mentors.
- 3. Mentor trainings have been provided to mentors in order to enhance their drug knowledge and strengthen their communication and counselling skills.

Experience Gained

1. The importance of social support

Under learning theory, skills can be acquired through communicating with peers and. Human beings are equipped with the ability to learn in many ways, which is determined by an interaction in between genetics and experiences. In the project, we found that social support is effective in influencing drug abusers to reduce drug use.

2. The effectiveness of mentoring

Mentors and mentees spend quality time together engaging in different types of recreational activities. Mentors provide support and guidance to mentees. We found that the project could assist mentees to go difficult life stages through mentoring.

3. To make use of team mentoring

Mentees are able to interact and match with multiple mentors. This allows mentors to share their feedback and experience in getting along with the same mentee. Besides, sharing sessions are arranged for all mentors for exchanging of opinions.

Other Findings

- 1. Family support is an important element in drug rehabilitation for both the mentees and their family members. Close family relationships and mutual support is beneficial to encourage mentees to drug abusers to quit drugs.
- 2. Preventive education work in the community (such as schools and workplace) is useful to deliver anti-drug messages in the district.

Conclusion

- 1. As a whole, all project output and outcome have been achieved. A total of 143 mentees and 132 mentors have been recruited.
- 2. Continuation of this project has commenced in 05/2019. In the new project, counselling work for family members of drug abusers / ex-drug abusers and sharing of mentoring and matching experience in the community will be added. Mentees' age up to 40 will be recruited to benefit more drug abusers / ex-drug abusers.

End