



Implementation period : 1 April 2016 – 31 March 2019

Project Name: BDF 150032
Community-based Treatment And Rehabilitation Support Service for Ethnic Minorities II (to) Strengthen Holistic family And children & youth support for Rehabilitation (Project CARE to SHARE)
少數族裔戒毒康復支援服務 II
Grantee: The Society of Rehabilitation and Crime Prevention, Hong Kong




Project Name

1. Introduction
2. Project Content
3. Output and Outcome Evaluation
4. Experience Gained
5. Other Findings and Conclusion




Introduction


- ❑ To fulfil the rising needs of drug treatment service in the EM population, SRACP was committed to supporting them with community-based, one-stop, cultural-sensitive, multifarious service to them.
- ❑ **Objectives:**
 - To provide cultural sensitive, one-stop drug treatment support service for EM drug abusers.
 - To provide community-based rehabilitation support service for those who are recovered from drug abuse and support them staying abstinence.



Project Content



- ❑ **Outreach program**
 - To outreach to drug abusers, ex-drug abusers and at-risk youths.
 - To collaborate with community counterparts to promote our service and healthy lifestyle to the community members.




Project Content

- ❑ **Drug Counselling**
 - To provide drug counselling with case work and care plan follow-up
 - Motivate clients to engage in detoxification service
- ❑ **Relapse Prevention Counselling**
 - Individual-based or group-based relapse prevention counselling service with case work follow-up service
 - Aftercare service to drug abuser cases after detox or to ex-drug abuser cases after intake, including counselling, urine drug test, consolidation and termination counselling



Project Content


- ❑ **Drug Counselling Community-based Treatment Support with Medical Supervision & Care Plan Review**
 - Develop care plan with clients and medical professionals before completion of detoxification
 - Supervise clients' care and medication compliance plan after completion of detoxification program
 - Provide health check and health education services to clients
 - Timely review and fine-tuning of care plan






Project Content

- ❑ **Induction program**
 - To enhance self awareness of our service users towards their body condition and drugs through health check-up and health talk.
 - To enhance motivation and prepare drug abusers to treatment program.



Project Content

- ❑ **Social Rehabilitation program**
 - To enhance awareness of our service users towards positive and healthy lifestyle.
 - To engage service users with positive peer influence.





Project Content

- **Lifestyle change program**
 - To enrich our service users' knowledge about management of daily life, including but not limited to finance, leisure time, community resources and housing.




Project Content

- **Pre-vocational program**
 - To provide vocational training and vocational related knowledge, such as license application, CV preparation, interview skills, etc.
 - To provide job matching and job referral for the service users.







Project Content


- **Family program**
 - To enhance the resilience of drug abusers' family members or concerned significant others.




Output and Outcome Evaluation

- Evaluation methods and Output and outcome benchmarks
 - Data retrieved from participants enrolment / registration record for output indicators / activity
 1. Provide outreaching activities for **3,600 (person-times)** EM at-risk individuals, **1,440 (person-times)** EM with specific occupation and **600 (person-times)** community members through Mass program
 2. Total number of **468 (head count)** EM drug abusers / rehabilitees received counselling with Motivational Interviewing, with at least 180 (head count) new /reactivated cases, among which **288 (person-times)** case plan set for treatment and rehabilitation
 3. Total number of **90 (head count)** drug abusers referred to community-based treatment, SACs, DTRCs
 4. Total number of **2,160 (person-times)** drug abusers / rehabilitees attended the Rehabilitation Strengthening Program & Pre-vocational training




Output and Outcome Evaluation

- Evaluation methods and Output and outcome benchmarks
 - Individual follow-up with participants and others' family members / significant others
 1. Reduction in drug use frequency among drug abusers (50% of drug abusers reduced drug use after completion of treatment)
 2. 40% of case plan achieved among drug abusers / rehabilitees
 3. 50% of participants show improvement in self-efficacy to refuse drug use (or significant improvement in participant's self-efficacy to refuse drug use as indicated by paired t-test)
 4. 40% of participants who attended family training show improvement in capacity to support drug abusers (or significant improvement in participant's capacity to support drug abusers as indicated by paired t-test)



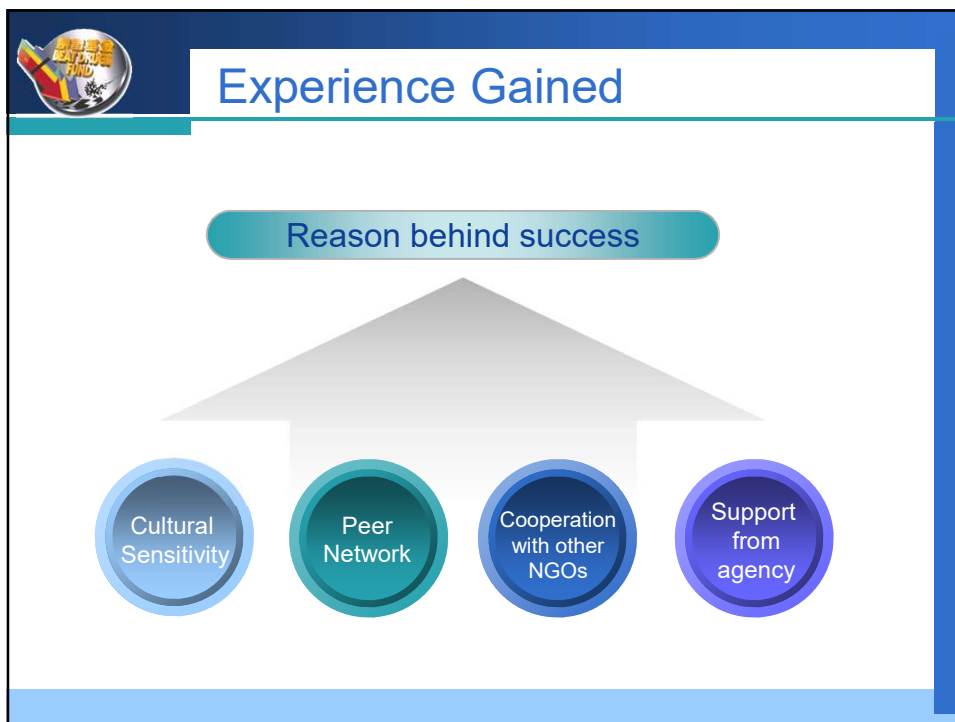
Evaluation Results (Output indicators)

	Description of output indicators (with expected result)	Achieved Result
Output Indicator 1	Provide outreaching activities for 3,600 (person-times) EM at-risk individuals, 1,440 (person-times) EM with specific occupation and 600 (person-times) community members through Mass program	Individual: 5,864 At-work: 1,514 Mass program: 1,080
Output Indicator 2	Total number of 468 (head count) EM drug abusers / rehabilitees received counselling with Motivational Interviewing, with at least 180 (head count) new /reactivated cases, among which 288 (person-times) case plan set for treatment and rehabilitation	New/re-activated cases: 463 Case plans set with participants: 346
Output Indicator 3	Total number of 90 (head count) drug abusers referred to community-based treatment, SACs, DTRCs	90
Output Indicator 4	Total number of 2,160 (person-times) drug abusers / rehabilitees attended the Rehabilitation Strengthening Program & Pre-vocational training	3,775



Evaluation Results (Outcome indicators)

	Description of output indicators (with expected result)	Achieved Result
Output Indicator 1	Reduction in drug use frequency among drug abusers (50% of drug abusers reduced drug use after completion of treatment)	61% (Out of 87 persons completed the treatment)
Output Indicator 2	40% of case plan achieved among drug abusers / rehabilitees	73% (Out of 346 case plans)
Output Indicator 3	50% of participants show improvement in self-efficacy to refuse drug use (or significant improvement in participant's self-efficacy to refuse drug use as indicated by paired t-test)	60% (Out of 117 respondents)
Output Indicator 4	40% of participants who attended family training show improvement in capacity to support drug abusers (or significant improvement in participant's capacity to support drug abusers as indicated by paired t-test)	71% (Out of 152 respondents)





Experience Gained

Lesson Learnt


Lesson Learnt

Lesson Learnt

Programs and activities are designed with the cultural sensitive sense that enhance the participations of service users.

EM Female drug abuser lacks drug rehabilitation support in the society.

A professional intervention framework is important for enhancing the well-being of service users.



Conclusion

- **Conclusion**
 - In EM drug rehabilitation field, peer is a essential elements for making the service success. The involvement of EM staff, also enhance the cultural sensitivity of the service. The cultural sensitivity allow us to design the program content responding the needs and features of the service targets.
- **Suggestions**
 - A profession intervention framework is important to structure our works and widen our perspective of service users' well-being.
- **Way forward**
 - To apply PERMA+ framework into the service to strengthen the structure of service.
 - Female drug abusers' needs are unique and being neglected in the society, the service content should pay attention on this area.