

## Project Midnight Southray

(BDF 150014)

Drug preventive service for high risk non-Chinese ethnic Night Youth Drifters through Midnight Outreach

Implementation period:

1/8/2016 - 31/7/2018





#### How the project was conceptualized and put into a BDF proposal

#### Rationale

- Rising demand for specific and cultural sensitive drug prevention service
- To fill the EM service gap



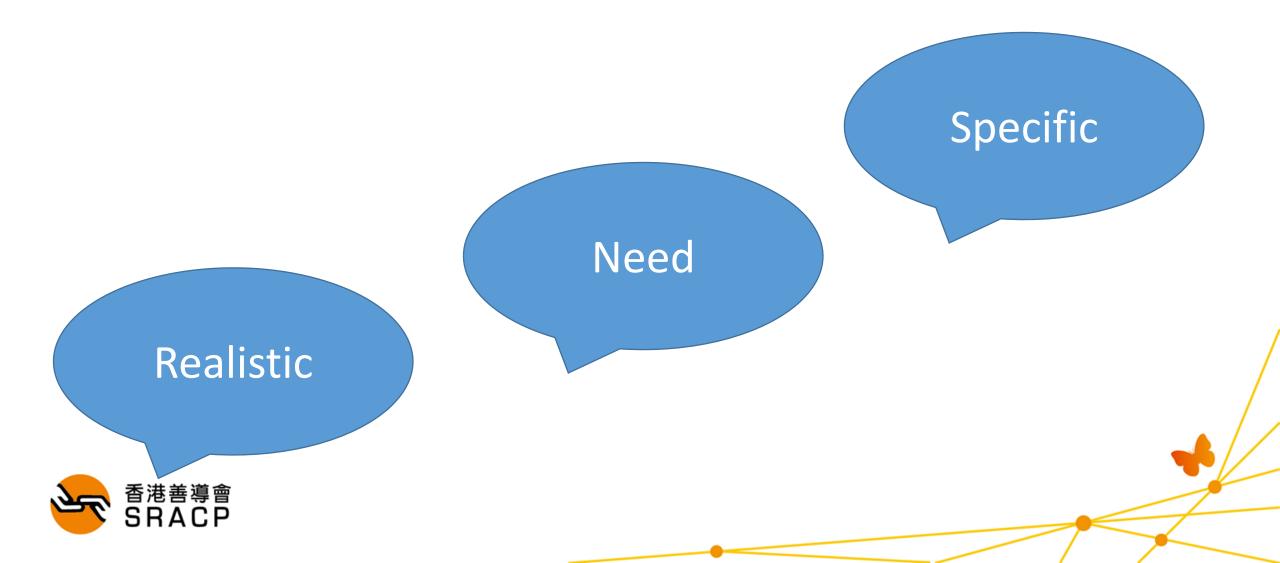
#### **Setting of Service Targets**

Target on 2 groups of service users, including at-risk non-Chinese ethnic youth as well as young adults who are aged below 30.

- 1. At-risk EM youth (without job or not attending school) (Age between 13 20)
- 2. At-risk EM young working adults (Age between 20 30)



## Setting of Project Objectives



#### Objectives

- To reach out non-Chinese ethnic high risk youth and young adult to promote early help seeking and to facilitate early identification of drug abusers
- To provide social inducing workshop and leisure activities and on-the-spot crisis intervention and counselling service to non-Chinese ethnic high risk youth and young adult respectively to cultivate an anti-drug attitude among them
- To conduct training workshops which relate to drug offences knowledge for non-Chinese frontline staffs of Bars and Restaurants, and include video shooting and editing program to promote ethnic minority youth's understanding of legal consequence of drug abuse
- To make referrals for non-Chinese ethnic high risk youth and young adult who have drugs-related problem



#### Implementation

Intervention approach

Resources involved

Partnership



## Our Output Targets

Indicator	Description of Indicator (with targets)
1.	480 man-time of at-risk EM youth/ hidden drug abusers reached by social inducing workshop and leisure activities
2.	60 man-time of at-risk EM youth/ hidden drug abusers for visit/ guided tour/ sharing
3.	1,153 man-time of at-risk EM youth and hidden drug abusers for on-the-spot crisis intervention and counselling service
4.	1,536 man-time on-the-spot health check up to hidden EM drug abusers/ at-risk EM youth
5.	72 man-time at-risk EM youth/ hidden drug abusers for Employment Training and Support Program



#### Our Outcome Targets

Indicator	Description of Indicator
1.	70% of participants show improvement in their perception of risk associated with drug abuse (or significant improvement as indicated by paired t-test)
2.	70% of participants show improvement in their perceived self-efficacy on drug avoidance (or significant improvement as indicated by paired t-test)
3.	70% of participants show a reduction in their permissive attitude towards drug abuse (or significant improvement as indicated by paired t-test)
4.	70% of participants agree that the programme enable them to raise the treatment motivation (or significant improvement as indicated by paired t-test)
5.	70% of participants show an increase in their self-efficacy to refuse drug (or significant improvement as indicated by paired t-test)







#### Outreaching Service

• Date: Every Monday, Wednesday and Friday night

 Venue: Yau Tsim Mong, Sham Shui Po, Tin Shui Wai, Yuen Long

Use service car to provide mid-night outreach

Provide on-the-spot crisis intervention and counselling service





#### Non-Chinese Peer Educators

- High cultural sensitivity
- Training sessions / placement
- To deliver anti-drug messages and conduct activities





# Social Inducing Workshop and Leisure Activities

 Workshop on healthy life style building, drug awareness enhancement and drug offences knowledge





### Visit/ Guided tour/ Sharing

 Sharing session by EM drug rehabilitant to strengthen the resilience of drugs and motivation of treatment





#### Volunteer Program

Trained volunteer to provide service to people in need





#### Other Services

- Employment training and support program
- Video shooting and editing program
- Training workshops for Non-Chinese frontline staff of Bars & Restaurant
- On-the-spot health check-up
- Treatment service referral
- Publicity and public education activity (deliver anti-drug / healthy lifestyle messages to EM community)



## Key points for preparation of project proposal

New idea

Evidence base

Reasonable time frame

Feasibility



#### Lessons Learnt

• Think carefully when planning the timetable

Think about any challenge and contingency plan

• Ensure all the output and outcome targets are realistic and could be achieved before project completion







## THANK YOU VERY MUCH.

