



Certified Addiction Counsellor Training BDF140025

01/08/2015 – 31/01/2017

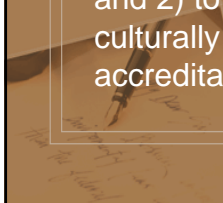
Tung Wah Group of
Hospitals



Introduction

In Hong Kong, there are no existing structured and culturally sensitive professional training for frontline drug treatment professionals. In order to advance service quality, a structured, comprehensive and culturally relevant training course is desperately needed.

The objectives of this project are 1) to discover the local training needs through a needs assessment; and 2) to develop and provide a structured and culturally appropriate professional training with formal accreditation to frontline drug treatment professionals



Training needs assessment

- 50 drug treatment professionals had completed the training needs assessment questionnaire
- A total of 17 front-line drug treatment professionals had attended and participated in the focus groups

Development of training contents

- A total of 8 senior front-line drug treatment professionals in supervisory level were invited to participate in the two focus group for development of training contents
- Psychiatrist Dr. Tung Chi Kwong was consulted for the development of training content of localized topics
- Content of new localized training topics – “Crisis management” and “Addiction and Legal Issues” were developed

Delivery of professional training

- A 6-day training on topics covering intake & assessment, counselling theory and method, relapse prevention etc
- Plus study group for exam preparation



Addiction-related professionals attended the professional training in May and July, 2016

Training Schedule

Class A:

Date	Time	Trainer	Topic
8/20/2016	9:30am - 1:00pm	Dr. Andy Tang	Pharmacology, Pharmacology and important drug interaction
	Lunch Break		
	2:00pm - 3:30pm	Dr. Gordon Ho	MIU
8/21/2016	9:30am - 1:00pm	Dr. Angela Ng	MIU
	Lunch Break		
	2:00pm - 4:00pm	Dr. David Ho Lee	Intake, Screening and Treatment Planning
8/22/2016	9:30am - 1:00pm	Dr. David Ho Lee	Intake, Screening and Treatment Planning
	Lunch Break		
	2:00pm - 4:00pm	Dr. Albert Chung	Co-occurring Disorders
8/23/2016	9:30am - 1:00pm	Ms. Pamela Liu	Crisis Management
	Lunch Break		
	2:00pm - 4:00pm	Ms. Brenda Chung	Motivational Interviewing (MIU)
8/24/2016	9:30am - 1:00pm	Dr. Caleb Chan	Cognitive Behavioral Therapy (CBT)
	Lunch Break		
	2:00pm - 4:00pm	Dr. Jada Chan	Working with Families
8/25/2016	9:30am - 1:00pm	Dr. Ivan Ho Chung	Relapse Prevention, Discharge and Continuing Care
	Lunch Break		
	2:00pm - 4:00pm	Ms. Lushy Ng	Addiction and Legal Issues
8/26/2016	9:30am - 1:00pm	Ms. Brenda Chung	Ethical and Professional Issues in Addiction Counselling
	Lunch Break		
	2:00pm - 4:00pm	Dr. Jada Chan	Study Group

Class B:

Date	Time	Trainer	Topic
8/20/2016	9:30am - 1:00pm	Dr. David Ho Lee	Intake, Screening and Treatment Planning
	Lunch Break		
	2:00pm - 4:00pm	Dr. David Ho Lee	Intake, Screening and Treatment Planning
8/21/2016	9:30am - 1:00pm	Ms. Brenda Chung	Motivational Interviewing (MIU)
	Lunch Break		
	2:00pm - 4:00pm	Dr. Andy Tang	Pharmacology, Pharmacology and important drug interaction
8/22/2016	9:30am - 1:00pm	Dr. Angela Ng	MIU
	Lunch Break		
	2:00pm - 4:00pm	Ms. Chung Mei Ho	MIU
8/23/2016	9:30am - 1:00pm	Dr. Caleb Chan	Cognitive Behavioral Therapy (CBT)
	Lunch Break		
	2:00pm - 4:00pm	Dr. Albert Chung	Co-occurring Disorders
8/24/2016	9:30am - 1:00pm	Ms. Pamela Liu	Crisis Management
	Lunch Break		
	2:00pm - 4:00pm	Dr. Jada Chan	Working with Families
8/25/2016	9:30am - 1:00pm	Dr. Gordon Ho	Relapse Prevention, Discharge and Continuing Care
	Lunch Break		
	2:00pm - 4:00pm	Ms. Lushy Ng	Addiction and Legal Issues
8/26/2016	9:30am - 1:00pm	Ms. Brenda Chung	Ethical and Professional Issues in Addiction Counselling
	Lunch Break		
	2:00pm - 4:00pm	Dr. Jada Chan	Study Group

Examination for Addiction Counsellor Certification

- 69 participants who fulfilled the requirement applied for credentials and took part in the examination. They all passed the examination and received Addiction Counselor Certification



Output and Outcome Evaluation

- Evaluation methods
 - Attendance record and examination result of the participants
 - Beat Drugs Fund Question Set No. 21 (post-test)
 - Tailor-made evaluation questionnaire for professional training course (pre-test and post-test)

Output Benchmarks & Evaluation Results

	Expected Result	Achieved Result
Output Indicator 1	70 addiction-related professionals attend the professional training with 90% of them (or 63 participants) fulfil the requirement of attending 80% of the training sessions	70 (100%) addiction-related professionals attend the professional training with 69 participants (99%) fulfil the requirement of attending 80% of the training sessions
Output Indicator 2	90% of those (or 57 participants) who fulfilled the requirement of the attendance will pass the assessment and obtain certification of addiction counsellors	69 participants who fulfilled the requirement of the attendance (100%) passed the assessment and obtained certification of addiction counsellors

Outcome Benchmarks & Evaluation Results

	Expected Result	Achieved Result
Outcome Indicator 1	80% of participants who completed the professional training are expected to rate an average of 3 or above on post-activity questionnaire	68 valid questionnaires evaluated. 100% of participants rated an average of 3 or above on post-activity questionnaire.
Outcome Indicator 2	80% of participants who completed the professional training showed improvement in professional competency (or statistical significant improvement in professional competency in training areas)	66 valid questionnaires evaluated. 97% of participants showed improvement in professional competency in training areas.

Experience Gained

● Reason behind success

- There is a significant demand for accredited professional training for frontline drug treatment professionals
- The structure and content of our professional training meets the training needs of local drug treatment professionals

● Lesson learnt

- From training needs assessment, clinical supervision on addiction counselling would help enhancing the capability of frontline drug treatment professionals
- Training participants found localized training topics especially legal issues in addiction particularly useful, which should be retained in the future training

Conclusion

● Conclusion

- The over enrolment, positive feedbacks and requests for further training and supervision from training participants suggest that the certified training with additional culturally relevant content is useful and beneficial for frontline drug treatment professionals in their anti-drug work

● Suggestions

- More structured, comprehensive and culturally relevant training course, preferably with clinical supervision, is needed for frontline drug treatment professionals to advance drug treatment service quality

● Way forward

- Future training should retain culturally relevant content and provide additional clinical supervision to address the training needs of frontline drug treatment professionals

