




1-7-2015 to 31-12-2017

“Butterfly Project” – Services of Full Rehabilitation to Aid Female Drug Rehabilitants and Families”


BDF140015



基督教巴拿巴愛心服務團有限公司
Barnabas Charitable Service Association Limited





“Butterfly Project” – Services of Full Rehabilitation to Aid Female Drug Rehabilitants and Families”



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1. Introduction
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 **Introduction**  基督教巴拿巴愛心服務團有限公司
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- A two-year project (extended to 2.5 years) composed of 3 elements :
 - 1) Relapse Prevention (RP) for female drug rehabilitants addressing cognitive beliefs and relationship issues
 - 2) Family Counseling and Family Education for family members
 - 3) Community Integration involving volunteer services, community programs & sharing booklets

 **Project Content**  基督教巴拿巴愛心服務團有限公司
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- 1. CBT group for females receiving drug treatment or rehabilitation services (6 sessions x 7 rounds)





Project Content



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- 2. Family group for family members of female drug abusers
(4 to 6 sessions x 8 rounds)



Project Content



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- 3. Group on men-women relationship study for females receiving drug treatment or rehabilitation services
(4 sessions x 7 rounds)





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Project Content

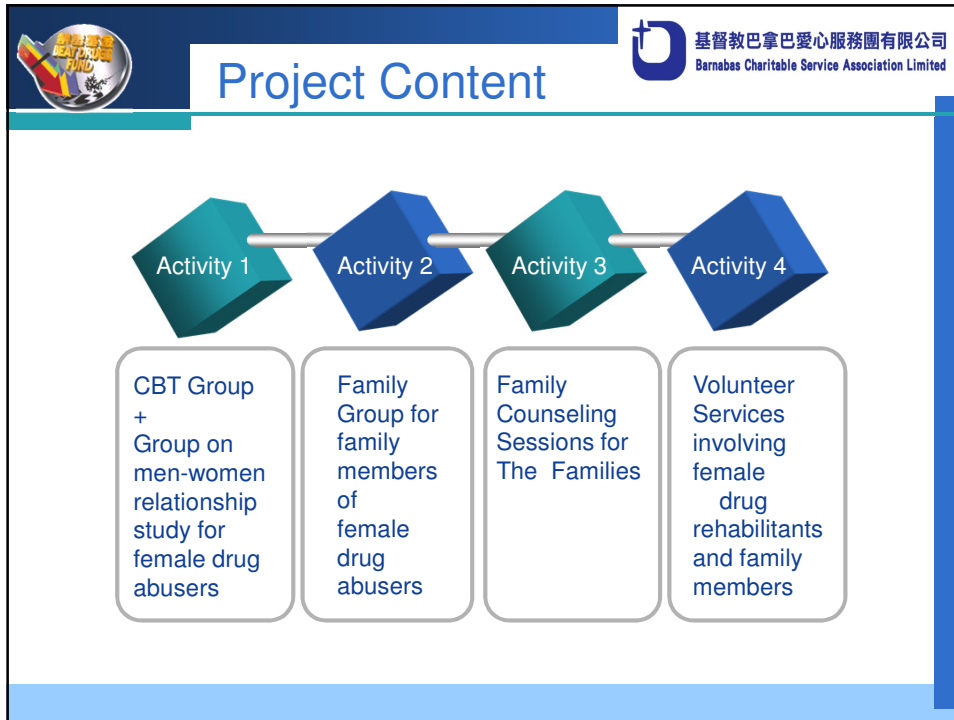
- 4. Family Counseling Sessions for the family members
(expected : 48 cases x 3 to 6 sessions)
- 5. Volunteer Services involving female drug rehabilitants and family members
(6 phases with training, community services and sharing sessions)



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Project Content : Volunteer Services











Output and Outcome Evaluation

- Evaluation method : Questionnaires (pre-test and post-test)
- Output and outcome benchmarks : referring to the tables shown in next 3 pages
- Evaluation results : All Output and Outcome Indicators are achieved satisfactorily.

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Output Evaluation			
	Expected Result	Achieved Result	Remark
Output Indicator 1	招募48位女性戒毒者參與<『蝴蝶·脫變』認知行為治療小組>，其中不少於75% (或36位) 的參加者最少完成4節小組	第一至七期總招募人數為51 (106%達標)，完成4節小組的總人數為48 (133%達標)	
Output Indicator 2	招募48位女性戒毒者的家人參與<『蝴蝶·脫變』家人小組>，其中不少於75% (或36位) 的參加者最少完成4節小組	第一至八期總招募人數為53 (110%達標)，完成4節小組的總人數為37 (103%達標)	
Output Indicator 3	招募48位女性戒毒者參與<男女關係科>，其中不少於75% (或36位) 的參加者最少完成3節小組	第一至七期總招募人數為49 (102%達標)，完成3節小組人數為46 (128%達標)	
Output Indicator 4	為48個家人個案提供6節為期3個月(於完成療程前一個月至離院後兩個月)的輔導，其中不少於24個家人個案最少完成3節輔導，即提供最少72節家庭輔導	總招募家人個案為50 (104%達標)，總共完成195節家庭輔導 (271%達標)，其中有36人接受至少3節輔導 (150%達標)	

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Output Evaluation			
	Expected Result	Achieved Result	
Output Indicator 5	招募30位女性戒毒者及30位女性戒毒者家人參與『關愛家庭大行動』，其中48位參加者參與最少4節活動，可為120位社會人士提供探訪服務	總招募30位女性戒毒者 (100%達標)、30位女性戒毒者家人 (100%達標) 和最少參與4節總人數為50 (104%達標) 及被探訪社會人士總人數為238 (198%達標)	
Output Indicator 6	製作2套分享文集 (500本 x 2套)	2016年10月印刷第一套500本分享文集及2017年6月印刷第二套500本分享文集 (俱100%達標)	
Output Indicator 7	每年舉行一次蝴蝶大使畢業典禮，共2次，每次至少有120人出席	已經如期舉辦2次，出席人數分別為134及129 (分別112%及和108%達標)	


		<h1>Outcome Evaluation</h1>		 基督教巴拿巴愛心服務團有限公司 Barnabas Charitable Service Association Limited
	Expected Result	Achieved Result	Remark	
Outcome Indicator 1	70% 參加者能顯著提升避免吸毒的自我效能 (或於配對樣本T檢定顯示其避免吸毒的自我效能感有顯著提升)	數據結果： 70.8% 參加者有明顯改善 (N=50)	禁毒基金12號問卷 (前測及後測)	
Outcome Indicator 2	70% 參加者在自我形象、自我滿足度及自信心方面能有明顯改善以重新投入社會 (或於配對樣本T檢定顯示其自我形象、自我滿足度及自信心方面能有顯著提升)	數據結果： 74% 參加者有明顯改善 (N=50)	自我形象問卷 (前測及後測)	
Outcome Indicator 3	80% 參加者在離開院舍後的半年內沒有重吸	數據結果： 100% 參加者表示自己沒有重吸 (N=50)	禁毒基金7號問卷 (前測及後測)	
Outcome Indicator 4	80% 社會人士同意計劃能提升他們對戒毒康復者的理解及接納度 (或於配對樣本T檢定顯示其對戒毒康復者的理解及接納度有顯著提升)	數據結果： 100% 有填問卷之參加者對戒毒康復者的理解及接納度有提升 (N=9) 用對戒毒康復者的接納程度評估問卷 (前測及後測)	其中大部份「關愛家庭行動」內被服務的社會人士是教育/智力程度低或者是高齡的長者，他們未能理解問卷內容，以致未能完成有效問卷	

		<h1>Experience Gained</h1>		 基督教巴拿巴愛心服務團有限公司 Barnabas Charitable Service Association Limited
<ul style="list-style-type: none"> ▪ Reasons behind success : <ol style="list-style-type: none"> 1) Good partnership with friendly agencies 2) Positive use of human resources (experts, students) 3) Strong support from clients (very good relationship/partnership built) 4) Supportive staff team with experience, helpfulness and persistence 5) Trust from the above (BDF & Director) <p style="text-align: center;">→ A Very Good Lesson learnt !</p> 				




The slide titled "Other Findings / Reflections" features a header with a logo on the left and the text "基督教巴拿巴愛心服務團有限公司" and "Barnabas Charitable Service Association Limited" on the right. Below the header, a list of findings is presented:

- Room for Improvement in :
 - 1) Outcome Indicator 1 – sub-indicator on “importance to remain drug free” : relatively lower improvement (64%), suggesting a need for strengthening motivation enhancement element in group content (apart from RP)
 - 2) needed : a closer link in designing parallel group
 - 3) outcome measure on family/parenting




Conclusion




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- Conclusion : A needy direction in drug rehabilitation with the 3 elements affirmed ! (particularly for females)
- Suggestions :
 - 1) added content on motivation enhancement;
 - 2) a more coherent parallel group design;
 - 3) outcome measure addressing parenting and family functioning; and
 - 4) cooperation among the female rehabilitants, family members and public.



The Way Forward



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- Another project taking the above constructive suggestions !
- Comparative projects among different gender, age and sub-cultural groups
- The Roles of family and community in drug rehabilitation to be further recognized and strengthened

Thank You !