

Project PTU: Prevention Today Starts from You School Based Community Prevention Programme BDF 140003

1st August 2015 to 31st July 2017

KELY Support Group Limited



Introduction

- At KELY, we get asked by schools and parents for more information about drugs and how to prevent drug use amongst teenagers
- Both teachers and parents want to know more about illegal drugs, so they feel more confident to discuss and address these issues
- Parents also want to learn communication skills and strategies to talk about this with their teenaged kids
- They felt there wasn't enough access to this information in English in Hong Kong



Project Content

- KELY offered Drug Prevention workshops in International and English Medium of Instruction Schools
- One 2 hour workshop was developed for parents and a different one for teachers
- We aimed to deliver a total of at least **8** workshops that would reach 80 parents and 40 teachers



Training Workshops for Teachers

- Substance misuse amongst young people
- Cannabis, Ketamine and Methamphetamine, including identification and risks
- Strategies to respond to drug issues in school



Training Workshops for Parents

- Substance misuse amongst young people
- Cannabis, Ketamine and Methamphetamine, including identification and risks
- Communication skills and effective approaches to teenagers around drug use to build stronger parent-child relationships



Output and Outcome Evaluation

- **For output evaluation**, we recorded attendance at each workshop
- **For outcome evaluation**, we asked participants to fill in pre and post test questionnaires



Output Benchmarks and Evaluation Results

	Expected Result	Achieved Result
Output Indicator 1	Engage 40 teachers employed at international /EMI schools in the training session for teachers	Engage 62 teachers (155%) employed at international /EMI schools in the training session for teachers
Output Indicator 2	Engage 80 parents whose children attend international /EMI secondary schools in the training session for parents	Engage 94 parents (118%) whose children attend international /EMI secondary schools in the training session for parents
Output Indicator 3	Provide 4 sessions of training workshops for parents and 4 sessions for teachers	Provide 5 sessions of training workshops for parents and 5 sessions for teachers (125%)



Outcome Benchmarks and Evaluation Results

	Expected Result	Achieved Result
Outcome Indicator 1	70% of parents state that the training session increased their knowledge of substance misuse and gave them strategies for communicating with teenagers	97.3% of parents have increased knowledge and strategies for communicating with teenagers
Outcome Indicator 2	70% of teachers state that the training session increased their knowledge of substance misuse	89.5% of teachers have increased knowledge



Experience Gained

- Training sessions needed to be engaging and interactive
- Content was evidence based and up to date
- Existing relationships with schools were important in recruiting teachers
- Relationship between PTA/school and parents important in recruiting parents



Recommendations

- There is a need for updated drug related information to be made available consistently every year
- Should be available in different venues, not just schools
- Some participants wanted more in depth sessions: part two workshops could be developed in future



Conclusion

- This was a successful programme with all output and outcome targets achieved
- Recommendations on way forward: outside school settings, in-depth workshops etc could be considered



SOSKELY



contact@kely.org



KELY
SUPPORT GROUP
啟勵扶青會