

# Community based Recovery & Support Program (Extension) for the South Asians in Yuen Long BDF130017



Project implementation period: 1<sup>st</sup> Sep 2014- 31<sup>st</sup> August 2016  
Grantee: Yang Memorial Methodist Social Service



## Introduction

- Targets: ethnic minorities in Yuen Long
- Brief: Community support during detoxification and after recovery
- Aim: Reduce drug use and prevent relapse



## **Project Content**

- Identification: Outreach
- Engagement: Interest class, outdoor activities, family support group
- Rehab & Treatment: Chinese medical support, counseling
- Aftercare: Mutual help support group, Job skill training, Coping skills training workshop



## **Output and Outcome Evaluation**

- Use Questionnaires
- Regular Urine Check
- Attendance Record
- benchmarks
- Evaluation results



## Output and Outcome Evaluation

	Expected Result	Achieved Result
Output indicator 1	To reach 200 Drug Dependent Person (DDP) 4,200 attendance at-risk South Asians	211 DDP/at risk, 4,520 attendance
Output indicator 2	To conduct 300 medical consultations (with drug tests) to South Asians DDP	301 medical consultation conducted
Output indicator 3	To treat 80 DDP with Cognitive Behavioral Therapy	81 cases
Output indicator 4	30 cases counselling for family and parents of DDPs	109 cases
Output indicator 5	Job Skill Training: 200 attendance or refer to join ERB training	212 attendance
Output indicator 6	Language Training: 360 attendance	407 attendance
Output indicator 7	Coping Skill Training Workshop: 360 attendance	503 attendance



## Output and Outcome Evaluation

	Expected Result	Achieved Result
Outcome indicator 1	Reduction in DDP's drug use frequency (70% of DDPs show reduction in their drug use frequency)	<u>Among those who reported still using drugs at pre-test</u> 80 valid cases evaluated, 92.5% cases deducted drug use, 75% quitted
Outcome indicator 2	Improvement in DDP's self-efficacy to avoid drug use (70% of DDPs show Improvement in self-efficacy to avoid drug use or significant improvement in self-efficacy to avoid drug use as indicated by paired t-test)	81 valid cases evaluated 84% indicated improvement in coping skills, 88.9% reduction in drug use desires, 87.7% improves in relapse risk. 70.4% and 86.4% indicated increase in importance to remain drug free and chance of resisting drug.
Outcome indicator 3	Improvement in participant's capacity to support drug abusing family members (70% of participants show Improvement in their capacity to support drug abusing family members)	32 valid cases evaluated, 96.9% show improvement in capacity to support drug abusing family members.



## **Experience Gained**

- Build up cultural friendly environment
- Sense of belongings
- Ethnic minorities peer counselors
- Family mutual support



## **Conclusion**

- Important to provide community support to not just suffering clients, but also recover clients to maintain their drug free life.
- Future service: DDPs' children support



**End**