



抗毒同盟站
Beat Drugs Alliance

Beat Drugs Alliance

*Brief Motivational Intervention for
Hidden Substance Abusers*



危機轉向計劃
Crisis
Accommodation
Program

BDF130008

Project implementation period:
10 October 2014 to 9 October 2016



Grantee:  基督教巴拿巴愛心服務團
Barnabas Charitable Service Association Limited

Co-organizer:  北區醫院
North District Hospital



Introduction



- Beat Drugs Alliance: Brief Motivational Intervention for Hidden Substance Abusers
 - A medical and rehabilitation program for hidden ketamine abusers
 - Hospital-based assessment and medical treatment
 - Hospital-based abstinence preparation and relapse prevention
 - Community-based rehabilitation

Introduction



- A hospital-NGO collaboration program
 - comprehensive service
 - accessible service
 - continuity of service
- Territory-wide cross-sector and multidisciplinary service organization



Objectives



1. Treatment, abstinence preparation and rehabilitation of ketamine abusers through cross-sector service collaboration.
2. Provision of an accessible and a one-stop platform for service users.
3. Establishment of an easily navigated co-ordination system among service collaborators (hospital and NGOs) for service delivery, interfacing and continuity.
4. Provision of a platform on health and anti-drug information for the public.

Contents



Identification of hidden ketamine abusers

- Web-based screening and identification
- Media promotion on help seeking
- Engagement for referral to in-patient Crisis Accommodation Program (危機轉向計劃)





Contents



Crisis Accommodation Program

- Promotion of personal awareness
 - crisis of health
 - crisis of functional performance
- Motivation for personal preparedness and readiness
 - abstinence from ketamine use
 - relapse prevention

Contents


Common platform for cross-sector service providers

- communication
- service collaboration
- service interfacing

Pre-admission *co-ordinated & continuous service delivery* **Post-discharge**

<p>聯合會診</p> <p>Hospital-NGO Conjoint Pre-admission Screening</p>	<p>聯合會議</p> <p>Hospital-NGO Conjoint Service Liaison Meeting</p>	<p>五天住院計劃</p> <p>Hospital Multidisciplinary 5 Days' In-patient Brief Intervention</p>	<p>聯合會診</p> <p>Hospital-NGO Conjoint Pre-discharge Case Conference</p>	<p>聯合會診</p> <p>Hospital-NGO Conjoint Post-discharge 2-weeks' & 13-weeks' Follow-up</p>
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Output & Outcome Evaluation



Evaluation methods

- Registration and treatment records
- Questionnaires (pre- and post-test comparisons)

Output & Outcome Evaluation



Output and outcome benchmarks

- Output indicators
 - number of general public reached by website
 - number of hidden substance abusers reached, identified, and referred to suitable services
 - number of follow-up sessions conducted for hidden substance abusers
 - number of referrals received by CAC

Output & Outcome Evaluation



Output and outcome benchmarks

- Outcome indicators
 - Improvement in treatment motivation
 - Reduction in ketamine use (including those abstained from ketamine use)

Output & Outcome Evaluation



Evaluation results

	Expected Results	Achieved Results
Output indicator 1	To have 15,000 click-rate of the Beat Drugs Alliance website	• 37,361 (249%) click-rate
Output indicator 2	Reaching out to 500 people through the Beat Drugs Alliance website	• 501 (100%) people
Output indicator 3	To identify 80 hidden substance abusers through the Beat Drugs Alliance website	• 224 (280%) hidden substance abusers identified

Output & Outcome Evaluation



Evaluation results

	Expected Results	Achieved Results
Output indicator 4	To provide referral and counselling service to 60 cases among the hidden substance abusers identified (including referrals to the 5 days' in-patient motivational brief intervention or other suitable service)	<ul style="list-style-type: none"> • 77 Cases referred (128%) • 52 cases referred to 5 days' in-patient motivational brief intervention. • 25 cases referred to other drug-related services.
Output indicator 5	To make 120 referrals to the 5 days' in-patient motivational brief intervention from other NGOs	• 136 (113.3%) referrals received.

Output & Outcome Evaluation



Evaluation results

	Expected Results	Achieved Results
Output indicator 6	To provide 360 times of counselling (including interviews, online counselling and telephone follow up) for 60 cases	<ul style="list-style-type: none"> 370 sessions (103%) conducted.
Output indicator 7	Percentage of the referred cases completed the 5 days' in-patient motivational brief intervention (180 cases x 60% = 108 referred cases completed the 5 days' on-patient motivational brief intervention)	<ul style="list-style-type: none"> 110 out from 108 (101.8%) cases completed the 5 days' in-patient motivational brief intervention.

Output & Outcome Evaluation



Evaluation results

	Expected Results	Achieved Results
Outcome Indicator 1	50% of cases show improvement in quitting motivation	<p><u>At post-test:</u> 110 valid cases evaluated 86 cases (78.2%) improved</p> <p><u>At 3-month follow-up survey :</u> 40 valid cases evaluated 27 cases (67.5%) improved</p>

Output & Outcome Evaluation



Evaluation results

	Expected Results	Achieved Results
Outcome Indicator 2	50% of cases reduce their drug use frequency	<p>Among those who reported still using drug at pre-test (i.e. pre-test score>0)</p> <ul style="list-style-type: none"> -35 valid cases evaluated -26 cases (74.29%) reduced drug use frequency <p>On the no. of case quitted:</p> <ul style="list-style-type: none"> -35 valid cases evaluated - 9 cases (25.71%) quitted <p>Among those who reported not using drug at pre-test (i.e. pre-test score=0)</p> <ul style="list-style-type: none"> -5 valid cases evaluated -1 case (20%) case relapsed

Experience Gained



Reasons behind success

- Hospital service support to community-based social work
 - facilitation through comprehensive understanding of the medico-functional condition of and impacts on the clients

Experience Gained



Reasons behind success

- Organized structure and monitored processes of collaboration
 - communication point between hospital and NGOs
 - conjoint consultations and case conferences
 - clarity of collaboration principles and roles
 - scheduled service liaison meetings

Experience Gained



Reasons behind success

- Aligned service protocol between hospital and NGO to minimize variations of practice
 - standardization of practice
 - prompt service support
 - service continuity from in-patient preparation to community rehabilitation
- Flexibility is essential but has to be thoughtful

Experience Gained



Lesson learnt

- Timely post-hospital discharge support is essential
 - the period immediately following hospital discharge is a time of high risk for relapse
- Timely contact to clients reached by internet outreach is essential
 - To sustain the clients' motivation and momentum for positive change

Conclusion



Conclusion

- A cross-sector and multidisciplinary service founded on health and functional concerns, and upon an accessible, structured, aligned and closely monitored service collaboration system is effective for the rehabilitation of ketamine abusers
- A medical-social collaboration should be considered to apply to service for other substance abuser





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End

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