



香港青年協會  
the hongkong federation of youth groups



葵涌醫院  
KWAI CHUNG HOSPITAL

# Project IAPT

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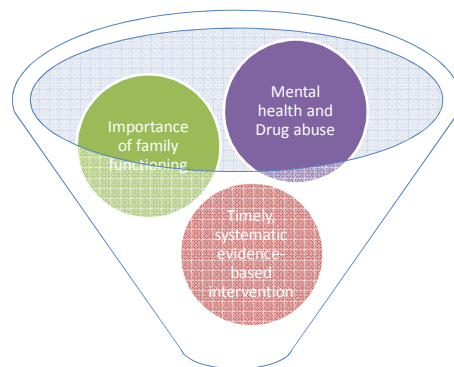
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The Hong Kong Federation of Youth Groups



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Project IAPT

(Improving access to psychological therapy)

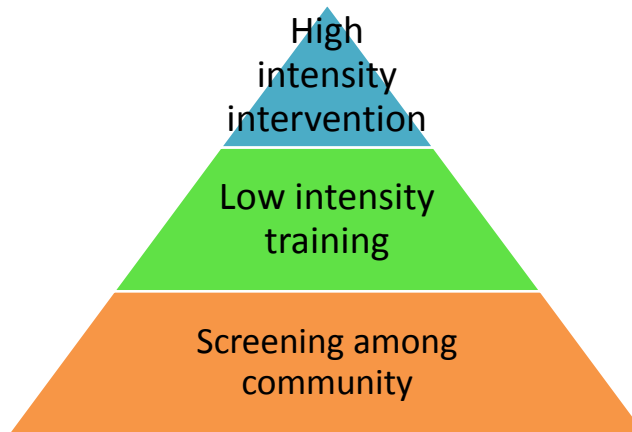


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## Service Flow



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## Electronic assessments

- Better motivation of clients in conducting assessments
- Instant individualized report
- Avoid miscalculation by automatically calculation
- Effective data management
- Cost-effective in serving vast amount of population
- Eco-friendly



## 簡短心理治療輔導服務 Low intensity Psychological Therapy



Modules developed:

1. Emotion management
2. Interpersonal relationship management
3. Intimate relationship management
4. Problem solving skills training
5. Stress management
6. Motivational enhancement



### Worker's role

### CP's role

