

## Project Muguet 2 –

### Affiliating Service for Young Drug – Abusing Mothers & Their Mates

**BDF 120011**



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Caritas, Hong Kong



## Introduction

- The proposed project is to serve 80 young drug-abusing mothers and 20 of their mates in two years. The service, targeting the mothers, her mates, or both, has the following objectives to:
- Eliminate or reduce the service user's drug abuse;
- Sustain the service user's parenting and reasonable family functioning and partnership arrangement (which can mean a breakup if such a partnership is inimical);
- Enable the service user to live a meaningful, responsible, and drug-free life.



## Project Content

- Community Outreach Programme
  - To provide drug education talks in MCHCs/hospitals and young mothers service in NGOs
  - To enhance their understanding on the effects of drugs abuse during the maternity period
  - 600 young mothers



- Individual Development Programme
  - 80 young drug abusing mothers and 20 of their partners
  - Medical referral
  - Counseling sessions :Motivational interviewing, Narrative therapy, etc
  - To reduce and eventually eliminate the mothers' dependence on substances.
  - To reduce their parental stress
  - To improve their marital relationship



## Family Support Program

- To strengthen the viability of parenting,
- To facilitate their family functioning, and
- Couple intervention and partnership arrangement



## The Life Skill Enhancement Program

- To raise life skills in communication, socializing, working
- To demonstrate the life value of parenting, caring, and responsibility to oneself and others.
- To activate the social support of the mothers and their mates.





## Output and Outcome Evaluation

Evaluation methods and outcome benchmarks :

- Outcome indicator 1 (Frequency of drug abuse):
  - 70% of service users reported a reduction in drug use dosage
  - Pre-post test
- Outcome indicator 2&3 (marital relationship, parental stress) :
  - pre-post test
  - 80% of service users reported a reduction in worry about relationship with partner
  - 80% of service users reported having more positive parenting value



## Evaluation results : Drug status

- over 90% of service users showed a reduction in drug use dosage

Service user	Drug free
81	68 (84%)
	13 (not quitted)

Service user	Drop in drug use dosage
81	78 (96.3%)
	3 (no change)
	0 (deteriorated)



**Evaluation results : 1) Marital relationship  
2) Parental stress**

1) 83.8% of service users reported a reduction in worry about relationship with partner

Service user	Improvement in martial relationship
80	67 (83.8%)
	4 (no change)
	9 (deteriorated)

2) 88.8% of service user reported having more positive value on parenting

Service user	Drop in parental stress
80	71 (88.8%)
	4 (no change)
	5 (deteriorated)



**Experience Gained**

- Reason behind success
  - Outreach visits are very important for those hidden and hard-to-reach young drug abuse mothers
  - Co-operation with medical institutes, we can pay attention to:
    - 1) the service user's attendance of medical check up
    - 2) the welfare plan of the child
  - The drug status of the service user and their mates are co-related. We need to target drug abusing couples together in order to maximize service effectiveness.



## Conclusion

- Pregnant is a special time in a life of young drug abuse women. It provides them a good chance to stay away from drug and ask for help in overcoming their addiction.
- However, most of them are living in a highly stressful environment. They didn't get enough support from their family in origin due to their drug taking behavior. It thus reinforce them to stay in the drug taking cycle.
- In order to maximize our service effectiveness, some support groups or education program for their family of origin is necessary .



**End**