

Life College

BDF 120006

From Jun 2013 to May 2016



Caritas - Hong Kong
Caritas Youth and Community Service



Introduction

The Project aims at:

- 1) To approach young drug abusers and enhance their employability;
- 2) To enable the young drug abusers' ability to counter drug abuse problem and reduce drug taking behavior;
- 3) To train up peer drug educators / drug counselors and disseminate anti-drug messages / drug education among those high risk youth and young employees.

Project Content - Means to approach the unreachable young drug abusers

1) CBD Outreach Recruitment:

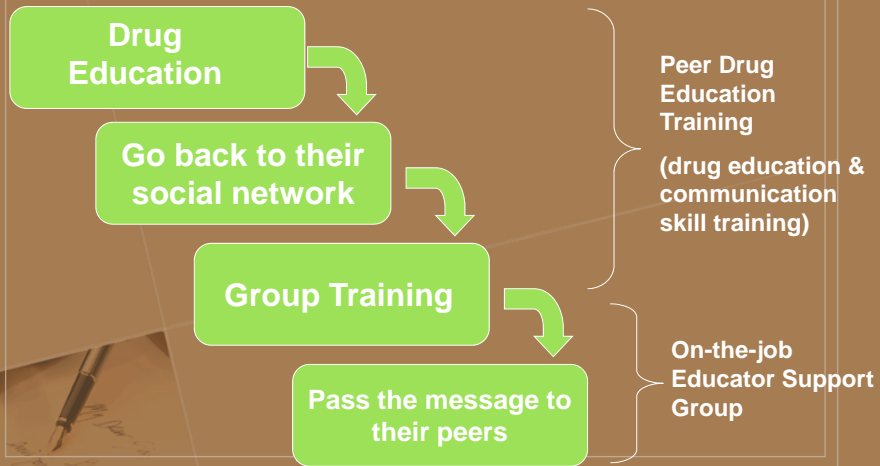
For example: night club, pub and shopping centre

2) Referrals from existing NGOs

Project Content - Development of a vocational training and drug rehabilitation model for the drug abusers



Project Content – Development of an effective mean in drug education (1)



Project Content – Development of an effective mean in drug education (2)



After receiving the peer counselor training, the participants would have talks or small group sharing to the school or risky group, such as the targets in the Girls' Home



After receiving the drug education training, the participants would pass the anti-drug messages to their peers. The photos showing that the participants disseminated the messages in the café after they finished the barista coffee course

Output Evaluation

- No. of drug abusers attended vocational training programme / drug rehabilitation programme
- No. of participants received peer drug educator / peer counsellor training
- No. of high-risk youth in school / workplace receive anti-drug messages / drug education

Outcome Evaluation

- Improvement in employability among young drug abusers
- Reduction in drug use frequency and one-month continual abstinence rate
- Improvement in resilience against drug use
- Improvement in anti-drug attitude

Output Benchmarks & Evaluation Results

	Expected Result	Achieved Result
Output Indicator 1	120 unemployed drug abusers and 120 employed drug abusers join both the vocational training programme and drug rehabilitation programme	127 unemployed & 121 employed
Output Indicator 2	192 unemployed / employed drug abusers complete the peer drug educator training	192
Output Indicator 3	30 trained peer drug educators receive peer counsellor training	31

Output Benchmarks & Evaluation Results

	Expected Result	Achieved Result
Output Indicator 4	2000 high-risk youths attend school talks and small group sharing sessions on drug education	2326
Output Indicator 5	1920 employed high-risk youths receive anti-drug messages	1940

Outcome Benchmarks & Evaluation Results

	Expected Result	Achieved Result
Outcome Indicator 1	70% of participants show improvement in employability (or significant improvement found using paired t-test)	245 questionnaires evaluated 78.8% of participants showed improvement
Outcome Indicator 2	70% of participants show reduction in drug use in the past 30 days	247 questionnaires evaluated 89.5% of participants showed reduction in drug use
Outcome Indicator 3	70% of participants show a sustained increase in drug resilience during the past 6 months (or significant improvement found using paired t-test)	192 questionnaires evaluated, statistical significant improvement found in drug resilience found by paired t-test (P<0.05)

Additional Outcome Benchmarks & Results

	Expected Result	Achieved Result
Outcome Indicator A	One-month continual abstinence rate of participants who complete drug rehabilitation stage	247 questionnaires evaluated 51.8% of participants abstained from drug for 30 days after completion of rehabilitation stage
Outcome Indicator B	Significant improvement in anti-drug attitude of young people who attend the school talk or small group sharing sessions on drug prevention	651 questionnaires evaluated Statistical significant improvement in anti-drug attitude found using paired t-test (P<0.05)

Experience Gained

- Young drug abusers found the Project to be helpful in enhancing their knowledge, skills, satisfaction, and commitment
- Strengthen the job stability, lower the chance of drug abuse
- For those who are in stage of young adulthood, need more lengthy period of skill training and intervention

Conclusion

- Lengthy drug history are always accompanied with long-term unemployment
- It is worthwhile for NGOs to think about providing vocational training as a kind of rehabilitative intervention for the drug abusers

End

