

# 危機轉向計劃

Crisis Accommodation for Hidden Young Ketamine Abusers  
: A Bridge between Treatment and Rehabilitation

↪ A Hospital & Community Service Collaboration Approach ↩

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# 危機轉向計劃

Crisis Accommodation for Hidden Young Ketamine Abusers

↪ A Hospital & Community Service Collaboration Approach ↩

- Background
- Crisis Accommodation Centre
  - Program
  - Service Collaboration Model
- Experience so far



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## 危機轉向計劃

### Crisis Accommodation for Hidden Young Ketamine Abusers

### Background

*... From experience to project plan ...*

Non-Government  
Organizations  
(NGOs)

Counseling Centers for  
Psychotropic Substance  
Abusers (CCPSA)

Residential  
Drug Treatment &  
Rehabilitation Centres  
(DTRC)

Social Welfare  
Department  
: Probation Office





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## 危機轉向計劃

### Crisis Accommodation for Hidden Young Ketamine Abusers

### ↻ Program ↻

- **Target**


  - Territory-wide
  - Young ketamine abusers
  - Family members



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**危機轉向計劃**  
**Crisis Accommodation for Hidden Young Ketamine Abusers**

**↻ Program ↻**

- **Nature**
  - A 5 days' in-patient Crisis Accommodation Program (CAP)
  - A collaboration service between hospital and NGOs



**危機轉向計劃**  
**Crisis Accommodation for Hidden Young Ketamine Abusers**

**↻ Program ↻**

- **Focus**
  - Personal awareness
    - impact of ketamine use on health and functions
  - Personal preparedness
    - abstinence from ketamine



**危機轉向計劃**  
**Crisis Accommodation for Hidden Young Ketamine Abusers**

**↻ Program ↻**

- **Objectives**
  1. Provision of assessment and treatment for problems associated with ketamine abuse
    - crisis of health
    - crisis of functional performance, daily living and work/study



**危機轉向計劃**  
**Crisis Accommodation for Hidden Young Ketamine Abusers**

**↻ Program ↻**

- **Objectives**
  2. Coaching for enhancement in rehabilitation for abstinence from ketamine use
    - motivation
    - readiness
    - participation



## 危機轉向計劃

### Crisis Accommodation for Hidden Young Ketamine Abusers

#### ↻ Program ↻

- Objectives

3. Building of collaborative working relationship and provision of an interaction platform
  - Individual patient : strengthen service interfacing
  - Hospital & NGO : enhance service collaboration for co-ordinated service delivery



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## 危機轉向計劃

### Crisis Accommodation for Hidden Young Ketamine Abusers

#### ↻ Program ↻

- Contents

- Assessment, treatment and coaching for problems associated with ketamine abuse

#### 健康危機

##### ↻ Crisis of health

- ↻ urinary system
- ↻ kidney
- ↻ liver
- ↻ pain
- ↻ general health

#### 身體及生活危機

##### ↻ Crisis of functional performance, daily living & work

- ↻ hand functions & dexterity
- ↻ eye-hand-foot co-ordination
- ↻ memory, attention & other cognitive functions
- ↻ problem solving
- ↻ emotional management
- ↻ interpersonal skills
- ↻ lifestyle and habits
- ↻ work/study



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**Assessment, treatment and coaching for problems associated with ketamine abuse**

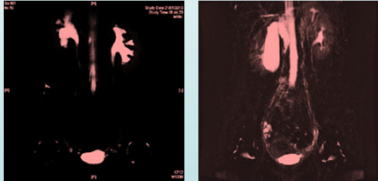
**健康危機**  
**Crisis of health**

- ◇ urinary system
- ◇ kidney
- ◇ liver
- ◇ pain
- ◇ general health

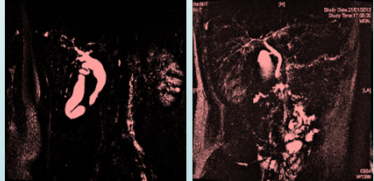
**Urodynamic Study**



**MR Urogram**



**MRCP**



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**Assessment, treatment and coaching for problems associated with ketamine abuse**

**身體及生活危機**  
**Crisis of functional performance, daily living & work**

- ◇ hand functions & dexterity
- ◇ eye-hand-foot co-ordination
- ◇ memory, attention & other cognitive functions
- ◇ problem solving
- ◇ emotional management
- ◇ interpersonal skills
- ◇ lifestyle and habits
- ◇ work/study



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### Crisis Accommodation for Hidden Young Ketamine Abusers

↻ Model of Service Collaboration ↻

- Features
  - organized structure and processes
  - clarity of principles and roles
  - effective communication channel





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## 危機轉向計劃


### Crisis Accommodation for Hidden Young Ketamine Abusers

↻ Model of Service Collaboration ↻

|                                 |                                   |   |   |                                 |
|---------------------------------|-----------------------------------|---|---|---------------------------------|
| ✦ Conjoint Consultation<br>聯合會診 | ✦ Service Liaison Meeting<br>聯繫會議 | Hospital Multidisciplinary Intervention | ✦ Conjoint Consultation<br>聯合會診                                 | ✦ Conjoint Consultation<br>聯合會診 |
| Initial Screening               | Pre-admission Information Sharing | Crisis Accommodation Program<br>危機轉向計劃  | Pre-discharge Crisis Identification and Abstinence Forethoughts | Post-discharge Follow-up        |



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### 危機轉向計劃 Crisis Accommodation for Hidden Young Ketamine Abusers

#### Model of Service Collaboration

| Interfacing Points  | Involvement |                        |       |                   |                       |                  |                | Focus  |
|---|-------------|------------------------|-------|-------------------|-----------------------|------------------|----------------|--|
|   | Hospital    |                        |       |                   | NGO                   | Patient & Family |                |  |
|   | Doctor      | Occupational Therapist | Nurse | Hospital Chaplain | Social Worker / Nurse | Patient          | Family Members |  |
| Conjoint Consultation / Initial Screening   | ✓           |                        |       |                   | ✓                     | ✓                |                | <ul style="list-style-type: none"> <li>Initial screening and identification of suitable patient</li> <li>Introduction to CAP and the requirements</li> </ul>   |
| Service Liaison Meeting / Pre-admission Information Sharing                             | ✓           | ✓                      |       |                   | ✓                     |                  |                | <ul style="list-style-type: none"> <li>Information sharing and co-ordination of care</li> <li>Orientation to collaboration principles and roles</li> </ul>   |
| Hospital Multidisciplinary Intervention / Crisis Accommodation Program                  | ✓           | ✓                      | ✓     | ✓                 | ✓                     | ✓                | ✓              | <ul style="list-style-type: none"> <li>Crisis Accommodation Program for patient by hospital team</li> <li>Visit to patient by social worker of NGO</li> <li>Visit to patient by family members</li> </ul>      |
| Conjoint Consultation / Pre-discharge Crisis Identification and Abstinence Forethoughts | ✓           | ✓                      | ✓     | ✓                 | ✓                     | ✓                | ✓              | <ul style="list-style-type: none"> <li>Health and functional crises report</li> <li>Patient goals and immediate/short term plan</li> <li>Engagement and support for participation of family members</li> </ul> |
| Conjoint Consultation / Post-discharge Follow-up  | ✓           | ✓                      |       |                   | ✓                     | ✓                |                | <ul style="list-style-type: none"> <li>Performance monitoring with assessment</li> <li>Support to relapse prevention</li> </ul>  |




### 危機轉向計劃

#### Crisis Accommodation for Hidden Young Ketamine Abusers

#### Enhancement of Service Collaboration

- Program briefings to NGOs for service collaboration
  - Twice before program commencement
  - Targets
    - NGO service in-charge
    - NGO frontline case workers












## 危機轉向計劃

### Crisis Accommodation for Hidden Young Ketamine Abusers

#### ↻ Enhancement of Service Collaboration ↻

- Collaboration experience sharing with NGOs
  - Preliminary service results
  - Case sharing



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## 危機轉向計劃

### Crisis Accommodation for Hidden Young Ketamine Abusers

#### ↻ A Hospital & Community Service Collaboration Approach ↻

### Experience



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## 危機轉向計劃

### Crisis Accommodation for Hidden Young Ketamine Abusers

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#### Experience : Ketamine Abusers

##### – Personal awareness

- Health and functioning



- 3rd Crisis → Change? Not Change?



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## 危機轉向計劃

### Crisis Accommodation for Hidden Young Ketamine Abusers

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#### Experience : Ketamine Abusers

##### – Personal preparedness

- Experience of the 5 consecutive days' living without K  
→... is driving for quitting K
- “Lifestyle without K” can be learned
- ✓ micro-skills & choices to go along the path of quitting K



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## 危機轉向計劃

### Crisis Accommodation for Hidden Young Ketamine Abusers

↻ A Hospital & Community Service Collaboration Approach ↻

#### Experience : NGO Collaborators

- Service interfacing
  - continuity of rehabilitation is supported
    - Information availability
      - » health status
      - » functional performance assessment results
    - Family support facilitated
      - » involvement of family members in the 5 days' program
    - Relay of rehabilitation effort augmented
      - » immediate/short term plan developed at hospital discharge



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## 危機轉向計劃

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#### Experience : NGO Collaborators

- Collaboration between NGOs and hospital
  - Communication channel established
    - Designated hospital contact point available
  - Expectation, planning and arrangements for participants enabled
    - Structured processes



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**Crisis Accommodation for Hidden Young Ketamine Abusers**  
 ↻ A Hospital & Community Service Collaboration Approach ↻

**Experience : Hospital**

– Geographic location is facilitative

|  |   |   |   |   |
|--|---|---|---|---|
| Conjoint Consultation  | Service Liaison Meeting   | Hospital Multidisciplinary Intervention | Conjoint Consultation   | Conjoint Consultation                             |
| Initial Screening<br><b>Immediate admission to hostel after discharge : an essential criterion ?</b> | Pre-admission Information Sharing<br><b>Prior preparation of the patient is essential</b> | Crisis Accommodation Program<br>危機轉向計劃  | Pre-discharge Crisis Identification and Abstinence Forethoughts | Post-discharge Follow-up<br><b>is difficult !</b> |

## 危機轉向計劃

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### THANK YOU

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