

# Community based Recovery & Support Program for the South Asians in Yuen Long BDF110008



Implementation period: September 2012 to  
August 2014

Grantee: Yang Memorial Methodist Social  
Service



## ***Project Background***

- Lack of rehabilitation service that target on ethnic minorities
- Difficult for ethnic minorities to adopt to residential setting rehabilitation service



## ***Introduction***

### **Aim:**

- Identifying and engaging DDPs into Recovery and Support Program
- Reducing drug use amongst program participants
- Maintaining abstinence for at least 3 months amongst program participants
- Strengthening participants' ability to refuse drug use

## ***Project Content***

- Identification: Outreach
- Engagement: Interest class, outdoor activities
- Rehab & Treatment: Chinese medical support, counseling
- Aftercare: Mutual help support group, Job skill training, Coping skills training workshop

## Output and Outcome Evaluation

- Use Questionnaires
- Regular Urine Check
- Attendance Record

## Evaluation results

	Expected Result	Achieved Result
<b>Output Indicator 1</b>	Reach out to 3,840 DDP / at risk Youths	7,680 DDP reached
<b>Output Indicator 2</b>	Provide medical consultation service to 300 DDPs in the engagement phase	Provide 484 medical consultation service include urine check and medical check to 291 DDPs
<b>Output Indicator 3</b>	Provide individual cognitive behavioural counselling to 100 DDP cases	100 cases

## Evaluation results

	Expected Result	Achieved Result
<b>Outcome Indicator 1</b>	70% of participants indicate a more negative attitude towards drug abuse (or significant improvement found using paired t-test)	100 data collected, 90% positive value with 90 case improved
<b>Outcome Indicator 2</b>	70% of participants demonstrate a reduction in drug use (in the past 30 days) (or significant improvement found using paired t-test)	109 data collected, 89% positive value, 97 cases improved, 74.3% quitted
<b>Outcome Indicator 3</b>	Percentage of participant who abstain from drug use during the six months after completion of treatment	113 data collected, 89.4% positive value, 101 case improved, 74.3% quitted

## Experience Gained

- Build up cultural friendly environment
- Activities and food that fits their culture
- Sense of belongings
- Senior ambassadors sharing and support

## ***Other Findings***

- Importance of family support
- Family support group

## ***Conclusion***

- Fill up service gap
- Successful and encouraging result
- Establish Family Mutual Support Group in project extension

