



東華三院
Tung Wah Group of Hospitals



Tung Wah Group of Hospitals CROSS Centre
東華三院越峰成長中心

*Workshop on Working with Adolescent
Substance Abusers*
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**Counselling Centre for Psychotropic
Substance Abusers (CCPSA)**

Introduction

- **11 CCPSAs** under subvention of Social Welfare Department.
- **Non-residential** drug treatment and rehabilitation service which provides casework, group work and preventive education programmes.

List of CCPSAs

No.	Name of Agency / Centres	Serving District	Telephone
1	TWGHs CROSS Centre – Central Western, Southern and Islands District Office	Central Western, Southern & Islands	2884 0282
2	TWGHs CROSS Centre – Eastern and Wanchai District Office	Eastern & Wanchai	2884 0282
3	Evergreen Lutheran Centre	Kwun Tong	2712 0097
4	Rainbow Lutheran Centre	Wong Tai Sin & Sai Kung	2330 8004
5	Hong Kong Christian Service PS33- Tsimshatsui Centre	Kowloon City & Yau Tsim Mong	2368 8269
6	Hong Kong Christian Service PS33 – Shamshuipo Centre	Shamshuipo	3572 0673
7	Hong Kong Children & Youth Services Sane Centre	Tsuen Wan & Kwai Tsing	2402 1010
8	Caritas HUGS Centre	Tuen Mun	2453 7030
9	ELCHK, Enlighten Centre	Yuen Long	2446 9226
10	Hong Kong Sheng Kung Hui Welfare Council Neo-Horizon	Sha Tin	8202 1313
11	Cheer Lutheran Centre	Tai Po & North	2660 0400

TWGHs CROSS Centre

東華三院越峰成長中心

- 2 out of 11 Counselling Centres for Psychotropic Substance Abusers in Hong Kong
 - Central Western, Southern and Islands District Office
 - Eastern and Wanchai District Office
- Service coverage:
 - Hong Kong Island and Outlying Islands (e.g. Cheung Chau, Tung Chung, Mui Wo and Peng Chau)
- Subvented by SWD since 2002
- Service Description
 - Counselling Service
 - Community Education Service
 - Professional Training
 - Outreaching Service
 - On-site Medical Support Service
 - Supportive Service for Family members

On-site Medical Support Service

Introduction

- **New initiative** recommended by the Task Force on Youth Drug Abuse as part and parcel provision to combat youth drug abuse
- Elementary on-site medical support service including procurement of medical services for **body checks, drug tests, motivational interviewing, and drug-related consultation** and
- Provision of a **Registered Nurse (Psychiatric)**

Objectives

- For occasional and potential abusers to **deter drug abuse behaviour** or **heighten their awareness** to seek treatment early through advice by MPs
- To help change the drug abusing behaviours for those who are in the **early stage of developing psychiatric problems**
- To help educate the potential harms caused by drug abusing behaviours for the general youth

5

Experience on Project MAC

A Pilot Drug Treatment Scheme for Youth Substance Abusers Collaborated with Multi-disciplines



What is Project MAC?

Motivate young people to
Take **A**ction against drug abuse
through body **C**heck-up

Objectives

- To provide early and effective intervention to young psychotropic substance abusers.
- To promote collaboration between Medical Practitioners (MPs) and NGOs on drug treatment.
- To develop an exemplary programme for future implementation on regional basis.

6

Role of the MPs

- Motivating Young Substance abusers to engage in drug treatment or abstain from drug abuse
- Medical consultation service
- Explain results of the check-up
- Recommend further laboratory tests or make referrals to other treatment and medical services when necessary.

Service Flow

Training & briefing to MPs & social workers

Sharing with MPs and social worker to fine tuning the service content

Evaluative study on project effectiveness

Referral from NGO / Hotline /Outreach

Intake Interview conducted by social worker

Body Check-up

Medical consultation & brief intervention provided by MPs

Follow up counseling rendered by referring case worker

Follow up group activities rendered by the project

- ↑ Engagement in drug treatment
- ↓ Drug use frequency
- ↑ Negative attitude towards drug abuse

Assessment Tools in Early Stage of Intervention



The **Purdue Pegboard Test** measures the participant's ability of eye-hand coordination

The **Rivermead Behavioral Memory Test (RBMT)** was designed to assess memory skills related to everyday situations.



9

Motivating the adolescent substance abusers to quit drug by MPs



10

Adolescent Substance Abusers Who Had Attended Medical Consultation (N=319) (1)

Demographic Data		No. of Cases	%
Gender	Male	179	56.1%
	Female	140	43.9%
Age	12-14	39	12.2%
	15-17	118	37.0%
	18-20	101	31.7%
	21 or above	61	19.1%
	All	Mean= 17.84 year-old	
	First time to take drug	Mean= 14.21 year-old	
	Year(s) of drug experience	Mean=3.63 years	
Educational / Employment Status	Student	129	40.4%
	Employed	83	26%
	Unemployed	107	33.5%

11

Adolescent Substance Abusers Who Had Attended Medical Consultation (N=319) (2)

Variables		No. of Cases	%
Drug history	Family member	73	22.9%
	Boy/girl friend	118	37.0%
Had drug treatment experience (excluding CCPSAs)		30	9.4%
Motivation before joining the project		(1-10, 10 highest) Mean=7.04	
Motivation to quit drug during first intake		(1-10, 10 highest) Mean=6.93	
Drug Freq	Everyday	69	21.6%
	1-6 time(s) / week	153	48.0%
	Less than 1/ week	97	30.4%

12

Adolescent Substance Abusers Who Had Attended Medical Consultation (N=319) (3)

Main type of drug abuse (within last 6 months)	No. of Cases	%
Ketamine	245	76.8%
Ice	36	11.3%
MDMA	10	3.1%
Cocaine	9	2.8%
Cough Medicine	7	2.2%
Cannabis	6	1.9%
Give me Five	5	1.6%
Organic Solvents	1	0.3%

13

Adolescent Substance Abusers Who Had Attended Medical Consultation (N=319) (4)

Main reasons of drug abuse	No. of Case	%
Boredom/low mood/anxiety	142	44.5%
Peer influence/togetherness	100	31.3%
Get high feeling	38	11.9%
Avoid sickness without drug	10	3.1%
Influence by girl/boy friend/spouse	9	2.8%
Curiosity	8	2.5%
Others	12	3.8%

14

Adolescent Substance Abusers Who Had Attended Medical Consultation (N=319) (5)

Smoking/Drinking/Poly-drug use		No. of Cases	%
Smoking (within a month)		298	93.4%
Drinking (within a month)		214	67.1%
Drinking mixed with drug		101	31.7%
Poly-drug use	In last week	30	9.4%
	In last month	57	17.9%
	In last 6 months	116	36.4%

15

Adolescent Substance Abusers Who Had Attended Medical Consultation (N=319) (6)

Nature of referring units	No. of Case	%
Youth Outreaching Team	61	36.3%
CCPSA	47	28.0%
Youth Night Drifters	22	13.1%
School Social Work	16	9.5%
Integrated Children and Youth Services Centre	10	6.0%
Integrated Family Service Centre	4	2.4%
Others	8	4.8%

16

Collaboration with Social Workers in Different Service Nature

- Youth Outreaching Team
- Youth Night Drifters
- CCPSA
- School Social Work
- Integrated Children and Youth Services Centre
- Integrated Family Service Centre

17

參加者心聲(參與原因)

搵著數

- 去吓都無妨，睇下自己有乜病，平時睇醫生好貴...
- 因為驗身唔洗錢，實在係太吸引，而且我可以同公司搵個理由請假唔返工

羊群心理

- 無呀，啲friend睇咁咪齊齊睇囉...
- 男朋友o黎睇，我又o黎睇囉...

心大心細

- 我了解吓身體嘅情況，因為驚個胃有事
- 有諗過唔食，諗住參加埋呢個計劃睇下點啦...

被威逼利誘

- 我俾面社工先黎/家人迫黎，其實我只係玩間中玩姐，都無話戒唔戒
- 睇吓醫生，叫做同個PO(感化官)有啲交代啦...

18

參加者心聲(對醫生有好印象的原因)

專業講解

- 其實有啲野我都知，但係醫生好Pro...講到自己好似食過咁，知道嚟我地嘅後遺症，覺得好有說服力
- 醫生幾好，因為可以慢慢同佢講我嘅問題...佢好詳細咁講解毒嘅影響，仲解釋埋我其他身體上嘅問題

鼓勵接納的態度

- 醫生好有親切感、除左關心毒品問題，亦關心我其他問題...我都好放心同佢傾

設身處地了解背後需要/困難

- 佢同我傾吓點樣去減藥、減幾多，會遇到啲咩問題，可以點處理，好過就咁叫我戒
- 醫生好仔細咁同我計過條數，俾我知道繼續食自己係蝕嘅，我返去真係冇再諗...

善用字眼

- 好好彩你而家無事
- 有啲人就會係好嚴重，你有無啲朋友係咁....
- 阿仔/阿囡,我對你有信心...

19

Contacts

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20