

Anti Drugs Channel: Drugs and Health (BDF100006)

Community Drug Advisory Council
Implementation period:
From 1 Oct 2010 to 30 Sept 2012

Project Content - Objectives

- To increase participants' proper knowledge of the consequences of drug abuse;
- To raise participants' awareness of their own attitude towards drug abuse;
- To encourage participants to develop proper and responsible attitudes towards psychotropic substance abuse;
- To facilitate participants to explore the interlocking factors associated with drug abuse, particularly in the area of peer influence and media influence;
- To increase participants awareness on the importance of a healthy way of living;
- To motivate participants to change their drug abuse patterns.

Project Content – Activities & Photos

- Mini lecture
 - Say kNOw to drugs

排列危害

最高危

大麻/草

白粉

煙

K仔

冰

5仔

最低危

藥物法律

香港有關藥物及毒藥的條例包括《藥劑業及毒藥條例》(第138章)及《危險藥物條例》(第134章)。吸食、藏有、販賣或製造危險藥物均屬違法，下為相關刑罰：

行為	最高刑罰	最高罰款	相關條文
危險藥物的販運	終身監禁	罰款\$5,000,000	134章危險藥物條例4條
危險藥物的製造	終身監禁	罰款\$5,000,000	134章危險藥物條例5條
帶有危險藥物非作販運用途及危險藥物的服用	監禁7年	罰款\$1,000,000	134章危險藥物條例6條
管有管筒、設備等	監禁3年	罰款\$10,000	134章危險藥物條例3條

濫用精神藥物者輔導中心

機構	服務地區	電話
東華三院總幹事中心	中西兩區及離島	2884 0282
東華三院總幹事中心	東區及灣仔	2884 0282
香港路德會社會服務處 路德會杏林中心	觀塘	2712 0097
香港路德會社會服務處 路德會杏林中心	葵大仙及西貢	2330 8004
香港基督教社會服務處 I233-榮沙咀中心	九龍城及油蔴地	2368 8269
香港基督教社會服務處 I233-灣水埗中心	灣水埗	3572 0673
香港青少年服務處 心弦成長中心	葵青及葵青區	2402 1010
明愛睿康中心	屯門	2453 7030
香港路德會社會服務處 路德會杏林中心	大埔及北區	2660 0400
香港聖公會福利協會 慕念坊	沙田	8202 1313
基督教香港信義會 天關中心	元朗、天水圍	2446 9226

Project Content – Activities & Photos

- Mini lecture
 - Drugs & Sex

DRUGSEX 毒品與性



可導致性無能!

少女常獲免費毒品 易因感情問題沉淪

【明報專訊】文章日期：2009年9月9日

17歲的阿彤及18歲的阿Ann(假名)初中開始索K,二人最初都是獲友人免費提供毒品,到後期慢慢上癮才開始自費。有社工指出,有男性友人會免費向少女提供毒品,甚至利用她們吸引更多男性吸毒,因少女較易因感情問題吸毒或加深毒癮。

拆家催女性引男性吸毒阿Ann說,有時一大班人出來玩,曾目擊不太相熟的男友人免費給少女毒品,其後非禮她們。...少女吸毒求助個案上升了10%,有個案更是被朋友拆家引誘免費吸毒,再利用她們「異性相吸」更多男性一齊吸毒牟利。...

Project Content – Activities & Photos

- Mini lecture
 - Drugs & Health

明報 2002年7月6日

冰毒減肥女子被控藏毒
遭譏「豬扒」「豬麗葉」深受困擾

【明報專訊】年輕「胖」女子不堪被取笑為「豬扒」，及欲取悅新男友減肥，聲稱誤信吸食「冰」毒能收減肥之效。當她花千元購入少量「冰」毒，準備實踐「減肥大計」時，在街上遇警員截查及搜出冰毒。女子昨於觀塘裁判法院承認一項藏毒罪名，裁判官取閱感化官報告，案件押後至本月二十六日判刑。

辯方律師為被告求情時曾指出，有醫生證明「冰」毒的確有減肥效用，惟不能濫用（見另文）。



Project Content – Activities & Photos

- Discussion



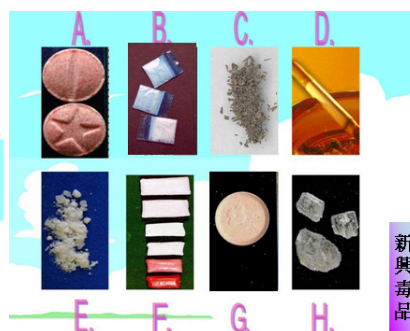
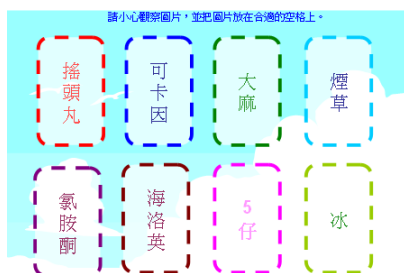
Project Content – Activities & Photos

- Fitness training



Project Content – Activities & Photos

- Drug info games



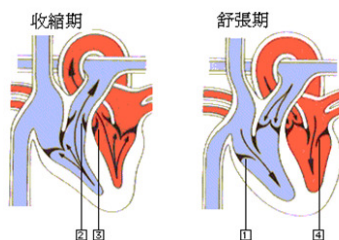
Project Content – Activities & Photos

- Body checking

身體檢查

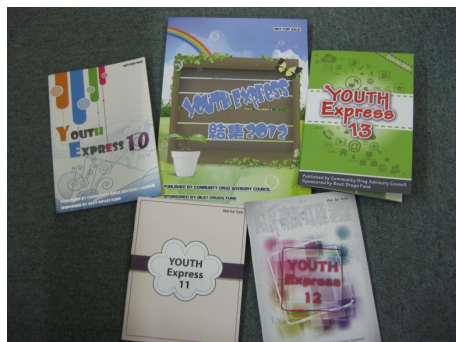
	血壓	心跳	最高肺流速	體脂肪
你的身體	上壓： mmHg 下壓： mmHg	每分鐘	L/min	%
正常指標	收縮壓 < 130 mmHg 舒張壓 < 85 mmHg	每分鐘60-70	男：500L/min 女：400L/min	男：10-20% 女：20-30%

血壓



Project Content – Activities & Photos

- Publication
 - Youth Express



Project Achievements

	Description of Indicator	Output Achieved
Output Indicator 1	550 health and drug educational programs	599 drug education programmes were conducted. (108.91% of the original target)
	Reaching 10,000 at-risk youths	10,329 at-risk youths were served. (103.29% of the original target)

Project Achievements

	Description of Indicator	Output Achieved
Output Indicator 2	Publish 4 issues of YOUTH Express magazine, with 2,000 copies for each issue	Published 4 issues of Youth Express magazine with 5,000 copies for each issue In addition, one issue of YOUTH EXPRESS COMPILATION 2012 were published (2,000 copies printed)

Project Achievements

Output Indicator 3	Description of Indicator	Output Achieved
	Distribute 10,000 copies of souvenir, carrying easy-to-remember educational messages	17,000 copies of souvenir were distributed to deliver easy-to-remember educational messages (170% of the original target)

Project Achievements

Output Indicator 4	Description of Indicator	Output Achieved
	100 at-risk youths identified and referred to receive appropriate service	A total of 101 at-risk youths were identified and referred to receive appropriate service. (101% of the original target)

Evaluation Results

	Description of Indicator	Results
Outcome Indicator 1	Participant's attitude towards drug abuse as measured by Beat Drugs Fund Question Set No.1 (Evaluated by Paired t-test)	Among the 513 cases sampled, 364 cases (70.96%) showed improvement; Statistically significant improvement found

Evaluation Results

	Description of Indicator	Results
Outcome Indicator 2	Participant's knowledge about the harm of drug abuse as measured by Beat Drugs Fund Question Set No.2 (Evaluated by Paired t-test)	Among the 555 cases sampled, 308 cases (55.50%) showed improvement; Statistically significant improvement found

Evaluation Results

	Description of Indicator	Results
Outcome Indicator 3	Participant's self efficacy on drug avoidance as measured by Beat Drugs Fund Question Set No.3 (Evaluated by Paired t-test)	Among the 527 cases sampled, 340 cases (64.52%) showed improvement; Statistically significant improvement found

Feedback From Participants

- 我認為毒品非常危害健康，吸毒後會有很多嚴重的後遺症。我會堅決遠離和拒絕毒品，就算是壓力大都不會接近，寧願用其他方法幫自己
- 毒品影響我們的外貌、人際關係和前途，令我們前途盡失
- 知道毒品的害處。如果吃了，會令自己後悔一世
- 我學習了毒品的禍害，要關心自己的身體健康和要拒絕吸煙和吸毒
- 我會用其他方法去減低壓力，令自己唔駛去食煙同吸毒
- 毒品禍害十分嚴重及影響腦部發展。我不會因好奇心或減肥而嘗試

Experience Sharing

- Some service users have misunderstanding and myths about drugs, there is a need to provide primary drug education.
- Some related topics, like sex and health, were discussed when delivering talks and programmes.
- Some portal and interactive programme materials and equipment are used in outreaching services.

Conclusion

- The anti-drug services provided for at-risk youths are mainly in secondary and tertiary level, however, there is a need to provide primary prevention to them. CDAC plays an active role in providing drug education and out-reaching services to at-risk youths.

Q & A

Thank you