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LEAP Classrooms Primary Programme Secondary Programme Special Needs Programme Parent Programme

Studies have demonstrated that the family is the key foundation to a person's development. A caring atmosphere at home, good parent-child relationships, effective communication and appropriate disciplining can help to foster young people's judgment and self-control, preparing them to face the effects of peer pressure and to prevent drug abuse.

In identifying with the research, LEAP launched a programme for parents called "Safe and Successful" in 2006. Currently, the programme comprises six two-hour interactive sessions for Chinese-speaking parents of primary and lower secondary students with the aim of assisting them to:

- Enhance their parenting skills
- Foster more effective communication channels with their children
- Be equipped with more information about drugs
- Boost their confidence to nurture their children in a positive environment away from drugs
- Handle drug abuse and other crises, should they arise
- Become aware of the various drug prevention agencies and services in Hong Kong
- Develop ways they can co-operate with the school to tackle the problem

The programme introduces parenting and psychology theories and explores real life applications with through the use of trigger videos, role play and discussions.




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