

驗出新動力

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CROSS Centre
Project MAC

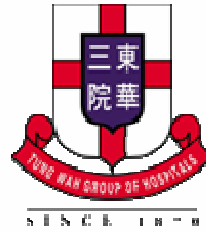
***Workshop on
Enhancing Motivation of Young Drug Abusers
Engaging in Drug Treatment***

Jan 18, 2010



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A Multi-disciplinary Approach on Working with Young Drug Abusers

Ms. Brenda Chung
(Supervisor, TWGHs CC)



Objectives

- To provide early and effective intervention to young psychotropic substance abusers.
- To promote collaboration between Medical Practitioners (MPs) and NGOs on drug treatment.
- To develop an exemplary programme for future implementation on regional basis.



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Project Particulars

- Sponsored by: Beat Drugs Fund
- Project Duration: 2 years (Mar 2008 – Mar 2010)
- Target: 300-400 Psychotropic substance abusers
- Age: 10-24 years old
- Territory-wide

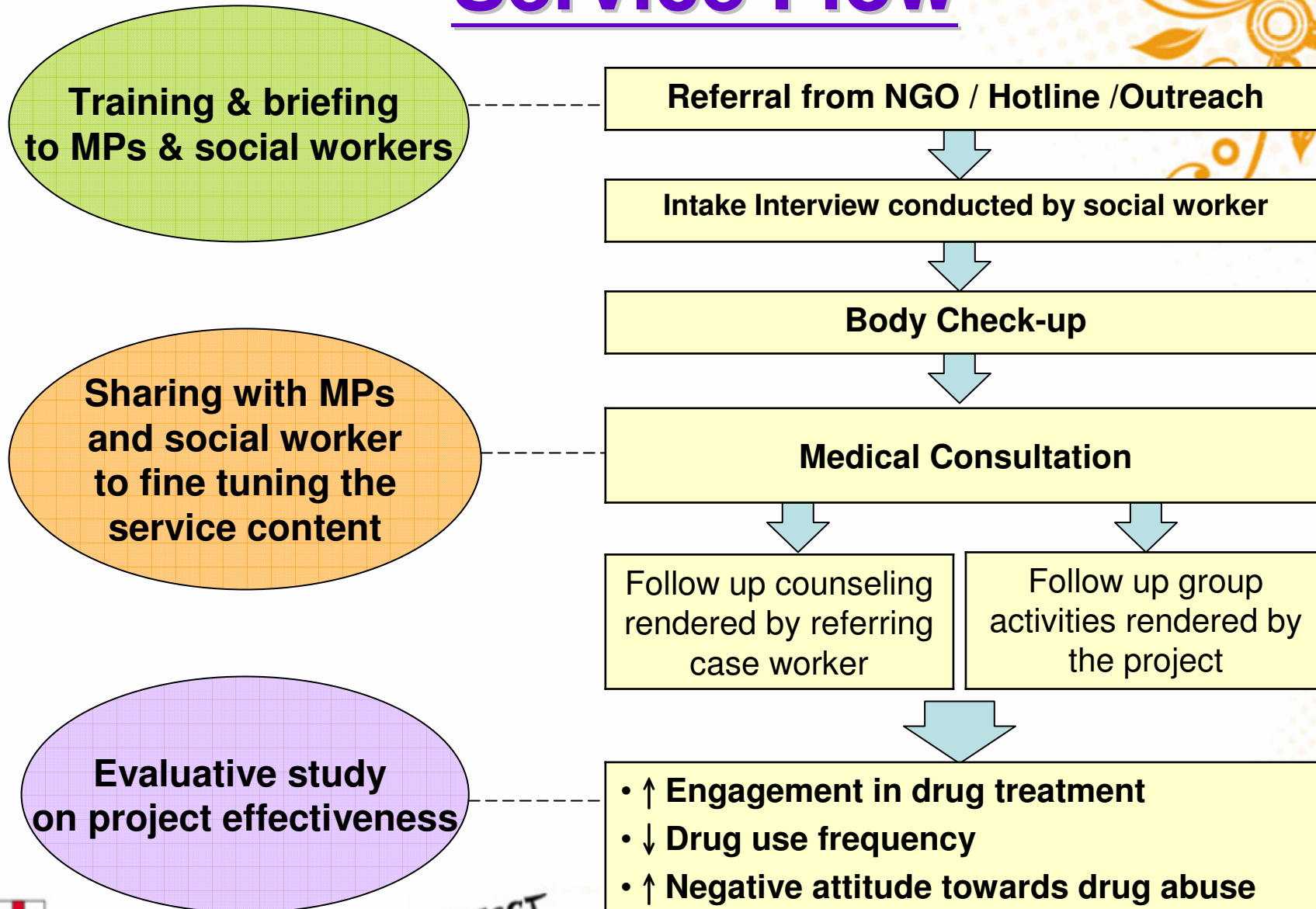


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Service Flow



Use of Motivating Tools

- Assessment tools on early stage of intervention
 - Test of eye-hand coordination (**Purdue Pegboard Test**)
 - Memory test (**Rivermead Behavioral Memory Test**)
- Body check-up service
 - Lab test
 - Medical consultation
 - Nurse consultation
 - Cognitive assessment



Collaborating Partners

- Medical Practitioners:
 - **6** MPs from private sector
 - **10** MPs from public sector
- Medical Check-up Companies:
 - **5** companies with **19** checkup centres located in different districts in Hong Kong
- Nurse - PolyU Integrative Health Clinic
- Clinical Psychologist - TWGHs
- Occupational Therapist - TWGHs



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Collaborating Partners (con.)

Referring Units

- Youth Outreaching Teams
- Counseling Centre for Psychotropic Substance Abusers
- Youth Night Drifters
- Integrated Child & Youth Service Centres
- School Social Workers
- Beat Drugs Fund Projects
- Probation Officers
- Integrated Family Service Centres
- Hospitals
- Others



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Significant Progress

| | Participation | No. of cases |
|---|---|---------------------|
| 1 | Applications received | 565 |
| 2 | Applications completed intake interview | 405 |
| 3 | Completed body checkup & medical consultation services | 331 |
| 4 | At-risk youths received brief intervention in outreaching service | 403 |



Figures on Multi-disciplinary Training

| No. | Date | Course Name | Session | No. of MP (Target: 50) | No. of SW (Target: 120) |
|--------|-----------------|---|---------|---------------------------|----------------------------|
| 1 | 21Jun08 | MP Training - Workshop on "Early Interventions for Young Psychotropic Substance Abusers" | 1 | 33 | --- |
| 2 | 29Aug - 11Dec09 | 1st Batch of SW Training | 6 | --- | 32 |
| 3 | 12Mar - 18Jun09 | 2nd Batch of SW Training | 6 | --- | 52 |
| 4 | 4 Aug - 24Sep09 | 3rd Batch of SW Training | 6 | --- | 48 |
| 5 | 12Sep - 10Oct09 | Certificate Course on Management of Adolescent Psychotropic Substance Abuse | 4 | 60 | 10 |
| 6 | 14Dec - 16Dec09 | 3-day Certificate Course on Application of Motivational Interviewing in Substance Abuse Treatment | 6 | 7 | 23 |
| Total: | | | 29 | 100 | 165 |



Experience on Multi-disciplinary Collaboration

| | Family Doctors | Nurses | Occupational Therapists | Clinical Psychologists | Social Workers |
|---|---|--|---|--|--|
| Medical consultation to young drug abusers | <ul style="list-style-type: none"> • Explaining body check-up report • Consulting on health & drug abuse issues • Expressing care and concern to youth | <ul style="list-style-type: none"> • Providing health assessment service • Providing healthcare advice for the youth | <ul style="list-style-type: none"> • Providing advice on recovery and enhancement of youth's abilities to work | <ul style="list-style-type: none"> • Providing assessment on cognitive level • Providing advice on recovery of youth's cognitive abilities | <ul style="list-style-type: none"> • Escort for body check-up & consultation • Providing counseling & follow up with multi-professions & communities recourses |
| Cooperation between multi-disciplines | <ul style="list-style-type: none"> • Sharing knowledge, experience & effects of drug abuse to MPs & SWs | <ul style="list-style-type: none"> • Sharing healthy lifestyle & body care knowledge to SWs | <ul style="list-style-type: none"> • Providing training to SWs for using assessment tools | <ul style="list-style-type: none"> • Providing advice for SWs to enhance the youth's cognitive abilities | <ul style="list-style-type: none"> • Providing background and current problems of the client to collaborating professions |



Assessment Tools in Early Stage of Intervention



The **Purdue Pegboard Test** measures the participant's ability of eye-hand coordination

The **Rivermead Behavioral Memory Test (RBMT)** was designed to assess memory skills related to everyday situations.



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Body Check-up Service



Mr. James Ma who is the registered laboratory technologist was measuring the pulse rate and drawing blood with the youth



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Medical Consultation

Family doctors
were explaining the body check-up report
and motivating the youth to quit drug
during the medical consultation.

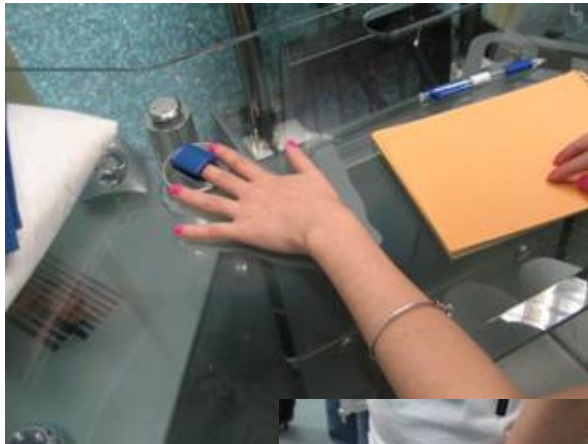


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Nurse Consultation



Nurse consultant was checking-up the youth's body and promoting the healthy lifestyle to them.



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Website: <http://crosscentre.tungwahcsd.org>
Hotline : **2884-2525**



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