

Tung Wah Group of Hospitals
CROSS Centre
Project MAC



Beat Drugs Seminar 2009

Team Approach in Community-based Intervention of Substance Abusers

1 March 2009

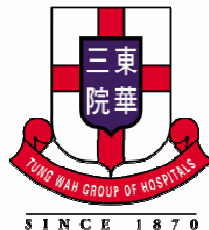
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***Motivational Interviewing and Early Intervention for Youth
Substance Abusers***

Brenda CHUNG

(Supervisor, TWGHs CROSS Centre)





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Project Advisors:

Dr. LEUNG Shung-pun

- Expert in Substance Abuse Treatment

Dr. CHEUNG Kin-leung, Ben

*- Chairman of the Action Committee Against Narcotics
Sub-committee on Treatment and Rehabilitation*

Mr. YIU Tze-leung, Ivan

- Assistant Community Services Secretary (Youth and Family)



What is Project MAC?

Motivate young people to

Take Action against drug abuse

through body Check-up

Our Mission

- To strengthen the collaboration between medical practitioners (MPs) and social workers
- To foster the healthy lifestyle for youth
- To enhance the resilience of youth against addictive behaviors



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Objectives

- To provide ***early and effective intervention*** to young psychotropic substance abusers.
- To promote ***collaboration between MPs and NGOs*** on drug treatment.
- To develop an ***exemplary programme for future implementation*** on regional basis.



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Service

- Sponsored by : Beat Drugs Fund
- Project Duration : 2 years
- Target : 300 psychotropic substance abusers
- Age : 10-24

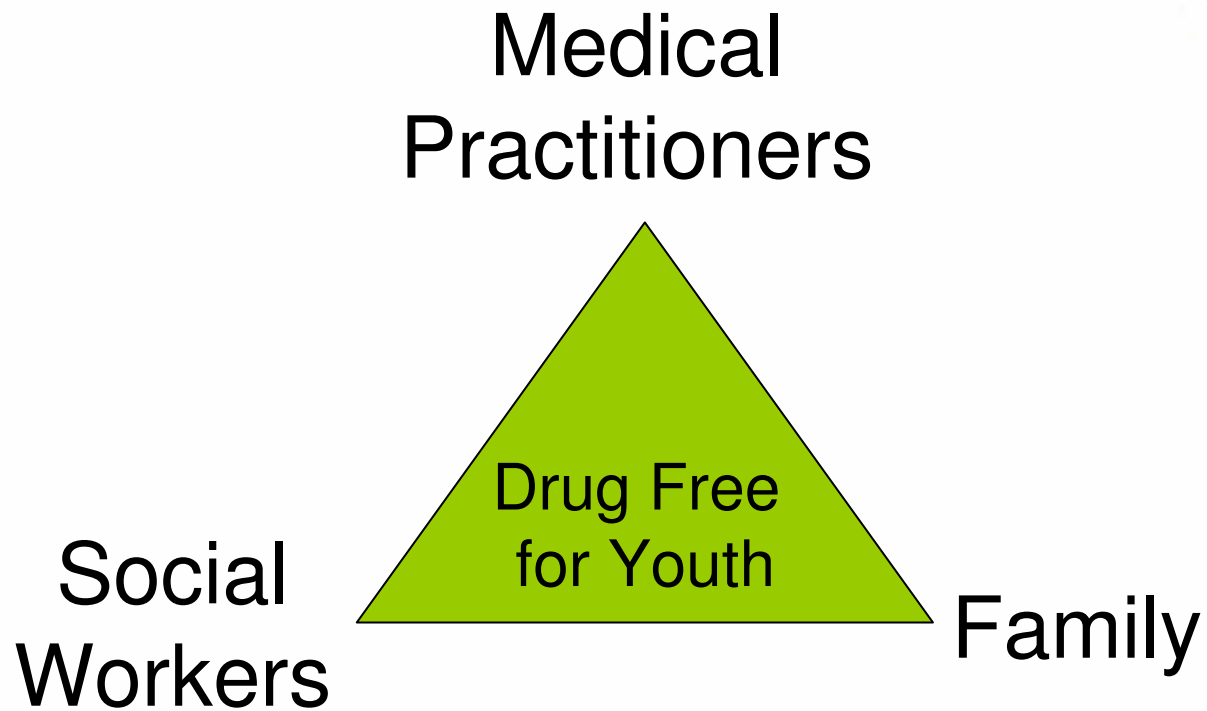


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Multi-disciplinary Collaboration

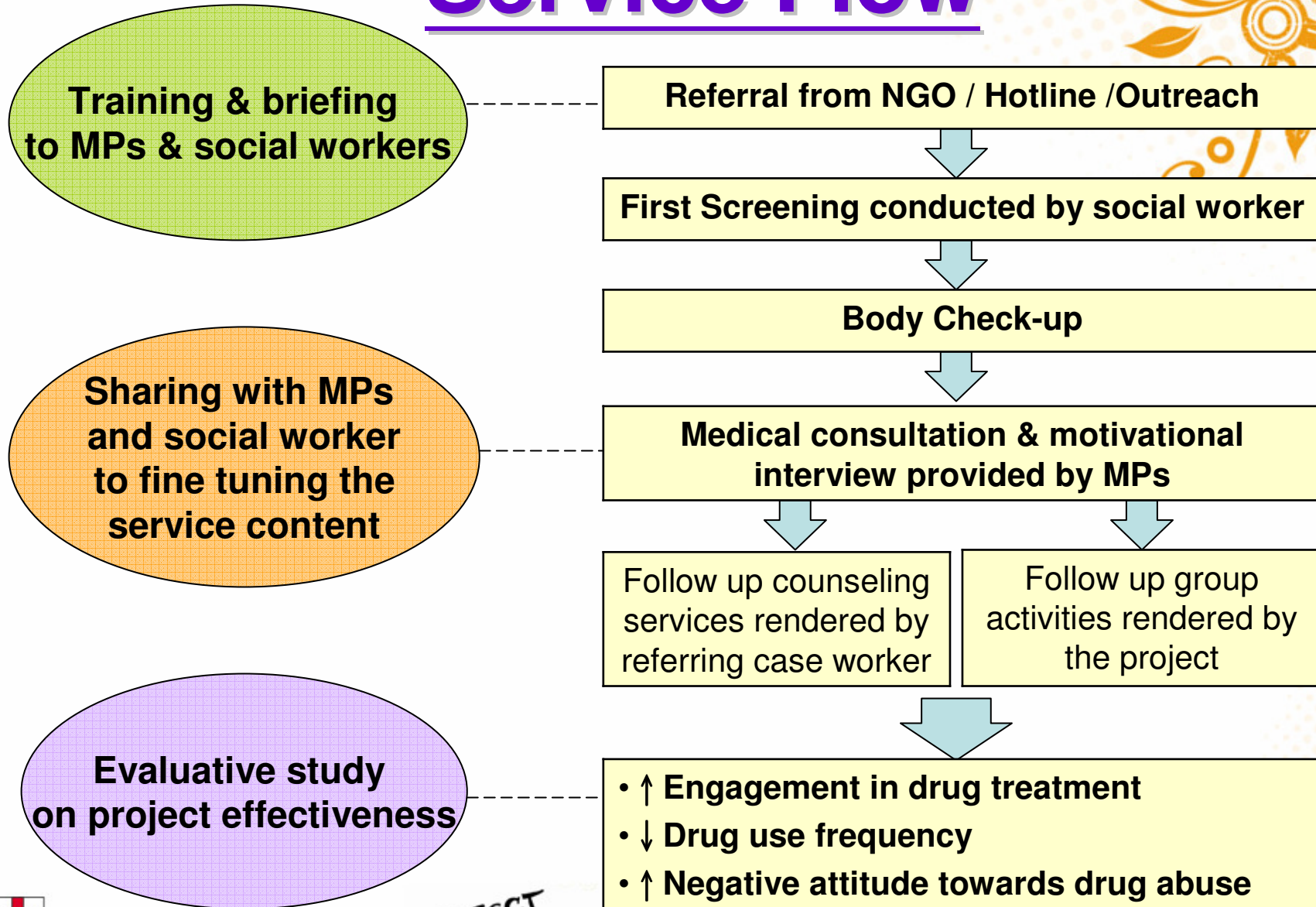


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Service Flow



Role of the MPs

- Motivate young substance abusers to engage in drug treatment or abstain from drug abuse
- Medical consultation service
- Explain results of the check-up
- Recommend further laboratory tests or make referrals to other treatment and medical services when necessary.
- Provide assistance in sharing sessions for the anti-drug services, anti-drug preventive education or publicity works



Role of TWGHs CROSS Centre

- Collaborate with MPs and NGOs on drug treatment
- Coordinating the body check-up & medical consultation sessions
- Training & supporting for Motivational interviewing
- Monitoring case progress
- Organize group activities for participating youth



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Body Check-up Items

A. Items Checked by Project Social Workers before doing lab test

- Weight, Height, Body Fat
- Eye-hand coordination (Purdue Pegboard)
- Memory Test (Rivermead Behavioral Memory Test)



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Body Check-up Items (cont.)

B. Basic Level of Body Check-up

- Pulse rate
- Blood pressure
- Body mass index
- Urine test
- Blood test
- X-ray chest
- Electrocardiogram



Body Check-up Items (cont.)

C. Advanced Level of Body Check-up

- Cognitive assessment
- HIV
- Venereal disease
- Hepatitis B
- Stool
- Ultrasound kidneys
- Others



Out Reaching



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Medical Consultation



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MP Training



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Social Worker Training



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Difficulties encountered:

1. Manpower
2. Time
3. The involvement of medical practitioners
4. Adequate training to professional involved





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